

MENTOR-MENTEE LOG BOOK

IV SEMESTR MENTOR
SREE NARAYANA NURSING

4 MENTEE LOG BOOK
COLLEGE . 2023-2024

SL. NO	NAME OF THE MENTEE	ENROLLMENT NUMBER	MENTOR	REMARKS/ISSUE RAISED PROBLEM IDENTIFIED	RECOMMENDATIONS/ GUIDENCE	SIGN OF MENTOR	SIGN OF MENTEE	FOLLOW UP DATE
13.	K. NIKHITHA	23N103078029 27/10/24	Ms. Kalavathi Nursing tutor	- unable to attend all the classes and clinicals	- Advice to maintain attendance - provide good guidance	Kalavathi 27/10/24	Nikhitha 27/10/24	6/3/24 dit
13.	K. NIKHITHA	23N103078029 24/02/24	Ms. Kalavathi Nursing tutor	- Getting health issues regularly	- Advice to go to hospital and take proper treatment - Take nourished foods	Kalavathi 24/02/24	Nikhitha 24/02/24	24/3/24 dit
13.	K. NIKHITHA	23N103078029 30/03/24	Ms. Kalavathi Nursing tutor	- Student have lack of knowledge and confidence	- Advice to gain more knowledge - read more books	Kalavathi 30/03/24	Nikhitha 30/03/24	6/4/24 dit
13.	K. NIKHITHA	23N103078029 27/04/24	Ms. Kalavathi Nursing tutor	- Not understanding Anatomy & physiology	- Advice to take more key points - Advice to draw diagrams	Kalavathi 27/04/24	Nikhitha 27/04/24	4/5/24 dit
13.	K. NIKHITHA	23N103078029 25/5/24	Ms. Kalavathi Nursing tutor	- Student don't know to how to draw diagrams	- provide tips to draw diagrams - Advice the important of diagrams in exam	Kalavathi 25/5/24	Nikhitha 25/5/24	3/6/24 dit
13.	K. NIKHITHA	23N103078029 29/6/24	Ms. Kalavathi Nursing tutor	- Not understanding nursing foundation	- Advice to focus on nursing foundation - Study key points	Kalavathi 29/6/24	Nikhitha 29/6/24	6/7/24 dit

Principal

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IV B.SC MENTOR & MENTEE COUNSELLING L

SREE NARAYANA NURSING COLLEGE - 2023-2024.


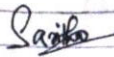

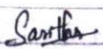

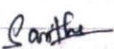




S.No	NAME OF THE MENTEE	ENROLLMENT NO.	MENTOR	REMARKS / ISSUES RAISED / PROBLEM IDENTIFIED	GUIDANCE / RECOMMENDATION / ACTION SUGGESTED	SIGN OF MENTOR	SIGN OF MENTEE	FOLLOW UP DATE
11.	MS. ANITA SHAI	20N101078020 27/01/24	Mrs. Lalitha Kumar, Associat. Prof.	- She having health issues due to that, unable to concentrate on studies.	→ Adviced to take proper treatment and instruct to attend extra classes	for KB	Anita	6/02/24
		24/02/24		- Having difficulty in understanding certain topics.	→ Instruct to list out the topics and clear the doubts by seeking help from subject teachers.	for KB	Anita	4/03/24
		30/3/24		- She is not able to attend all the questions during examination.	→ Adviced to highlight & write important key points in exam. Instruct to avoid story writing.	for KB	Anita	6/4/24
		27/04/24		- She is having difficulty in concentrating on studies.	→ Advice to listen or to attend class properly. And instruct to attend special classes.	for KB	Anita	4/5/24
		25/5/24		- She is having problem in spelling mistake while writing test or exam.	→ Advice to write take many trials & copy write important or difficult words many trials.	for KB	Anita	3/6/24
		29/6/24		- She can't able to read properly but unable to score marks in examinations.	→ Adviced to maintain time management and give important questions in each subject.	for KB	Anita	6/7/24

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Mentor Name - Saritha

Sl No	NAME OF THE MENTEE	ISSUES RAISED OR PROBLEMS IDENTIFIED	RECOMMENDED ACTIONS SUGGESTED	ACCEPTED RECOMMENDATIONS BY MENTEE	MENTEE SIGN	MENTOR SIGN	Follow up date
9	Betsy Maria	Not understanding physiology subject.	→ Be attentive in class → Recall the subject during study hour.	Ready to be attentive in class Ready to recall subjects.			3/7/23
9	Betsy Maria	Difficulty in sociology subject	→ Ask doubts in class → Understand the concept.	→ Ready to ask doubts → Ready to understand the concepts of sociology subject			10/7/23
9	Betsy Maria	Not understanding psychology subject	→ Be attentive in class → study for weekly examinations.	→ Ready to be attentive in classes → Ready to study for weekly exams.			17/7/23
9	Betsy Maria	Difficulty in nursing Foundation subject.	→ Be attentive in class → Ask doubts in class	→ Be attentive in class → Ready to ask doubts.			24/7/23
9	Betsy Maria	Difficulty in psychology subject.	→ Be attentive in class → Understand the concept.	→ Ready to be attentive in class → Ready to understand the concept.			7/8/23

Mentor Name - Mrs. Santha

Sl No:	NAME OF THE MENTEE	ISSUE RAISED OR PROBLEM IDENTIFIED	RECOMMENDATION OR ACTION SUGGESTED	Accepted recommendation By Mentee	Mentee Sign	Mentor sign	Follow up
9	Betsy Maria	Difficulty in Nursing foundation subject	⇒ Be attentive in class ⇒ Ask doubts in the class	⇒ Ready to be attentive in class ⇒ Ready to ask doubts			29/5
9	Betsy Maria	Difficulty in physiology subject	⇒ Be attentive in class ⇒ Read the topic twice during study hours	⇒ Ready to be attentive in class ⇒ Ready to read topic twice.			5/6/23
9	Betsy Maria	Not understanding sociology subject	⇒ Be attentive in class ⇒ Understand the concept.	⇒ Ready to be attentive in class ⇒ Ready to understand the concept.			12/6/23
9	Betsy Maria	Difficulty in studying physiology subject	⇒ Ask doubts in class ⇒ Recall the subjects	⇒ Ready to ask doubts ⇒ Ready to recall the subjects			19/6/23
9	Betsy Maria	Difficulty in drawing diagrams in anatomy.	⇒ Practice diagrams in anatomy. ⇒ Ask doubts in class	⇒ Ready to practice diagrams ⇒ Ready to ask doubts in class.			26/6/23


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Mentor Name - Mrs. Ribka

NO	NAME OF THE MENTEE	ISSUES RAISE/PROBLEMS IDENTIFIED	RECOMMENDATIONS/ ACTION SUGGESTED
10	Diya Binoy	Health issues & absent for the classes & clinical not understanding Anatomy & physiology subjects.	Take proper diet Ask doubts & explanation from subject teacher. Be regular in clinical and classes. Be attentive in classes.
10	Diya mol	Not understanding Anatomy & physiology subjects. Getting less marks in both subjects.	Try to ask your doubts from subject teacher and clear it which you feel difficulty. Recall the both subject more time which you feel difficulty in topic.
10	Diya mol	Difficulty in Anatomy and physiology subject.	Spend more time for difficulty subject. Practice diagrams. Clear your doubts to subject teacher.
10	Diya mol	Not understanding sociology subject	Be attending in class Ask doubts in class Recall the topics

ACCEPTED RECOMMENDATION BY MENTEE	MENTEE SIGN	MENTOR SIGN	FOLLOW UP DATE
willing to take proper diet & treatment for fever. understand the importance of clinical posting & classes.			27/8/23
willing to ask doubts in class. willing to recall the difficulty topic more time.			3/4/2023
willing to practice diagrams in anatomy & physiology. Accepted for spending time for anatomy & physiology subject.			10/4/23
Ready to be attentive in class			17/4/23

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Mentor Name: - Ms. Ribba

S. NO	NAME OF THE MENTEE	Issues raised/ Problem identified	Recommendations/ actions suggested	Accepted recommendation by mentee	mentor sign	mentor sign	Follow up date
10	Diyamol	* Difficulty to understand physiology * Difficulty to recall topics	* Be attentive in class * Ask doubt * Clear the doubts.	* Ready to be attentive in class * Ready to ask and clear doubt	<i>[Signature]</i>	<i>[Signature]</i>	24/4/23
10.	Diyamol	* Unable to draw diagrams in anatomy * Difficulty in recalling topics	* Practice diagrams in anatomy * Recall topics twice a day	* Ready to draw diagrams in anatomy * Ready to recall topics twice a day	<i>[Signature]</i>	<i>[Signature]</i>	11/5/23
10	Diyamol	* Difficulty in sociology subject	* Spend more time to study * Understand the subject and concept.	* Ready to spend more time to study * Ready to understand the concept	<i>[Signature]</i>	<i>[Signature]</i>	8/5/23
10	Diyamol	* Not understanding Psychology subject	* Be attentive in class * Ask doubts * Learn the subject	* Ready to attend class * Ready to ask doubts * Ready to learn concept	<i>[Signature]</i>	<i>[Signature]</i>	15/5/23
10.	Diyamol	* Difficulty to understand physiology	* Be attentive in class * Try to recall the subject.	* Ready to attend class * Ready to recall the subject.	<i>[Signature]</i>	<i>[Signature]</i>	22/5/23


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Mentor Name: - Mr. Anusha

S.No	Name of the mentee	Issues raised / Problem identified	Recommendations / actions suggested	Accepted recommendations by mentee	Mentee Sign	Mentor Sign	Follow up date
10.08.23	Dijamul	Difficult in nursing foundation subject	<ul style="list-style-type: none"> * Be attentive in class * Ask doubts in the class 	<ul style="list-style-type: none"> * Ready to be attentive in class * Ready to ask doubts 		Anusha	29/8/23
09/09/23	Dijamul	Difficulty in Physiology subject	<ul style="list-style-type: none"> * Be attentive in class * Read the topics since during study hours 	<ul style="list-style-type: none"> * Ready to be attentive in class * Ready to read topics since 		Anusha	09/6/23
10.09/23	Dijamul	Not understanding Sociology subject	<ul style="list-style-type: none"> * Be attentive in class * Understanding the concept 	<ul style="list-style-type: none"> * Ready to be attentive in class * Ready to understand the class concept 		Anusha	12/8/23
16.09/23	Dijamul	Difficulty in studying Physiology subject	<ul style="list-style-type: none"> * Ask doubts in class * Recall the subject 	<ul style="list-style-type: none"> * Ready to recall the subject * Ready to ask doubts 		Anusha	19/8/23
05/10/23	Dijamul	Difficulty in drawing anatomy diagrams	<ul style="list-style-type: none"> * Practice anatomical diagrams 	<ul style="list-style-type: none"> * Ready to practice diagrams * Ready to ask doubts in class 		Anusha	26/8/23

Mentor Name - Mr. Anusha

Sr. No.	Name of the mentee	Issues raised/ Problem identified	Recommendations/ actions suggested	Accepted recommendation by mentee	Mentee sign	Mentor sign	Follow up date
16	Diyamini	Not understanding Physiology subject	* Be attentive in class * Recall the subject during study hour	* Ready to be attentive in class * Ready to recall the subject		Anusha	3/7/23
17	Diyamini	Difficulty in Sociology subject	* Ask doubts in class * Understand the concept	* Ready to ask doubts * Ready to understand the concept		Anusha	10/7/23
18	Diyamini	not understanding Psychology subject	* Be attentive in class * Study for weakly examination	* Ready to be attentive in class * Ready to study for weakly exams		Anusha	19/7/23
19	Diyamini	Difficulty in nursing foundation subject	* Be attentive in class * Ask doubts in class	* Ready to be attentive in class * Ready to ask doubts		Anusha	24/7/23
20	Diyamini	Difficulty in Psychology subject	* Be attentive in class * understanding the concept	* Ready to be attentive in class * Ready to understand the concept		Anusha	2/8/23

Mentor Name:- Mr. Santhya

NO	NAME OF THE MENTEE	ISSUED RAISE / PROBLEM IDENTIFIED	RECOMMENDATIONS / ACTION SUGGESTED
11	Dona Roy	Unable to write the exam properly due to not remembering the content	Recall the points & understand the concept of the topic & practice the study material before exam
11	Dona Roy	Getting less marks in Anatomy and Physiology subjects	Try to ask your doubts which you feel difficult in topic. Recall the topics more times in both subjects
11	Dona Roy	Difficulty in physiology subject	Spend more time for a difficulty subject practice diagram clear your doubts to subject teacher
11	Dona Roy	Getting fail marks in weekly exams Sociology, Anatomy	Under the concept to content
11	Dona Roy	Not understanding Anatomy and Nursing foundation	Ask doubts and explanations from subject teachers Be regular in classes

ACCEPTED RECOMMENDATION BY MENTEE	MENTEE SIGN	MENTOR SIGN	FOLLOW UP DATE
Willing to make group discussions Accepted to focus on studies.	<u>Dona</u>	<u>Santhya</u>	27/3/23
Willing to ask doubts Accepted to focus on studies and willing to recall the topics more times.	<u>Dona</u>	<u>Santhya</u>	3/4/23
Willing to ask doubt to teacher. Willing to make group discussions.	<u>Dona</u>	<u>Santhya</u>	10/4/23
Willing to make group discussions Accepted to focus on studies	<u>Dona</u>	<u>Santhya</u>	17/4/23
Willing to ask doubts ready to ask her doubts to subject teacher	<u>Dona</u>	<u>Santhya</u>	24/4/23

Mentor Name - Mrs. Saritha

Sl No	NAME OF THE MENTEE	ISSUES RAISED / PROBLEM IDENTIFIED	RECOMMENDATIONS / ACTION SUGGESTED	ACCEPTED RECOMMENDATION BY MENTEE	MENTEE SIGN	MENTOR SIGN	FOLLOW UP
11	Dona Roy	Difficulty to understand Sociology Anatomy Difficulty to draw Diagrams unable to understand topics	Be effective in class → make group discussion and study → practice draw more time which you feel more difficult	→ Ready to attentive in class → Ready to ask doubts in class	<u>Dona</u>	<u>Saritha</u>	1/5/23
11	Dona Roy	Not understanding anatomy and nursing Subject	Ask doubts and explain from Subject teacher → Be regular to Clinicals and classes	→ Ready to practice diagrams in anatomy → Ready to recall topics twice a day	<u>Dona</u>	<u>Saritha</u>	8/5/23
11	Dona Roy	Difficulty in Sociology Subject	Be attentive in class Ask doubts Learn the concept	→ Ready to attend class → Ready to ask doubts → Ready to learn concept	<u>Dona</u>	<u>Saritha</u>	18/5/23
11	Dona Roy	Not understanding psychology Subject	→ Be attentive in class → Ask doubts → Learn the concept	→ Ready to attend class → Ready to ask doubts	<u>Dona</u>	<u>Saritha</u>	22/5/23
		Difficult in understand physiology	→ Be attentive in class → Try to recall the Subject	→ Ready to attend classes → Ready to recall the Subject	<u>Dona</u>	<u>Saritha</u>	29/5/23

Mentor Name: - Mrs. Anusha

Sl No	NAME OF THE MENTEE	ISSUES RAISED/ PROBLEM IDENTIFIED	RECOMMENDATIONS/ ACTIONS SUGGESTED	ACCEPTED RECOMMENDATION BY MENTEE	MENTEE SIGN	MENTOR SIGN	FOLLOW UP DATE
11	Dona Roy	Difficulty in Nursing foundation subject	→ Be attentive in class → Ask doubts in class	→ Ready to be attentive in class → Ready to ask doubts	<u>Dona</u>	<u>Anusha</u>	5/6/23
12	Dona Roy	Difficulty in physiology subject	→ Be attentive in class → Read the topic twice during study hours	→ Ready to be attentive in class → Ready to read topic twice	<u>Dona</u>	<u>Anusha</u>	12/6/23
13	Dona Roy	Not understanding Sociology subject	→ Be attentive in class → understand the concept	→ Ready to ask and doubts → Ready to recall the subject	<u>Dona</u>	<u>Anusha</u>	19/6/23
14	Dona Roy	Difficulty in Studying physiology subject	→ Ask doubts in class → Recall the subjects	→ Ready to be attentive in class → Ready to understand the concept	<u>Dona</u>	<u>Anusha</u>	26/6/23
15	Dona Roy	Difficulty in drawing diagrams in anatomy	→ practice diagrams in anatomy → Ask doubts in class	→ Ready to practice diagrams → Ready to ask doubts in class	<u>Dona</u>	<u>Anusha</u>	3/7/23
16	Dona Roy	Not understanding physiology subject	→ Be attentive in class → Recall the subject during study hours	→ Ready to be attentive in class → Ready to recall the subjects	<u>Dona</u>	<u>Anusha</u>	10/7/23

