



VALUE ADDED COURSE BROCHURES 2020-2021



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | principal.snncc@narayanannursingcollege.com

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006

A.P. Nurses & Midwives Council Letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. N.T.R. University of Health Sciences, A.P. Vijayawada.



VALUE ADDED COURSES 2020-2021

BROCHURE & COURSE CONTENT

S.NO	COURSE CODE	DATE	NAME OF THE VALUE-ADDED COURSE
1.	VAC-008	17/09/2021 to 18/09/2021	EFFECTIVE COMMUNICATION FOR NURSES
2.	VAC-009	20/08/2021 to 21/08/2021	FUNCTIONAL ETGONOMICS
3.	VAC-010	09/07/2021 to 10/07/2021	MYOFASCIAL RELEASE THERAPY
4.	VAC-011	18/06/2021 to 19/06/2021	HAND WASHING
5.	VAC-012	16/03/2021 to 17/03/2021	SOCIAL AND EMOTIONAL LEARNING
6.	VAC-013	22/01/2021 to 23/01/2021	DIGITAL EMPOWERMENT IN PATIENT CARE
7.	VAC-014	15/12/2020 to 16/12/2020	PPE (PERSONAL PROTECTIVE EQUIPMENT)


Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002

AIM OF THE COURSE

The aim of this course is to equip nurses with the communication skills necessary to provide compassionate care, enhance patient outcomes, and improve teamwork in healthcare settings.

COURSE OBJECTIVES

The students will be able to:

1. Teach nurses how to communicate clearly and effectively with patients, families, and colleagues.
2. Improve nurses' ability to listen empathetically and respond appropriately to patients' needs and concerns.
3. Equip nurses with skills to educate patients about their conditions and treatments in an understandable manner.

COURSE OUTCOMES:

Upon completion of this course, students will be able to:

1. Communicate clearly and confidently with patients, families, and healthcare professionals.
2. Show empathy and understanding through attentive and responsive listening.
3. Simplify complex medical information and provide clear instructions to patients and their families.

Target Group : II B.Sc. (N)

Total allotted Hours: 16

Mode of presentation: Lecture cum discussion

Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSONS:

Dr. K. Uday Kumar, Professor, Dept. of Psychiatry, NMCH.

Mrs. T. Lalitha Kumari, Asso. Professor, Dept. MHN, SNNC.

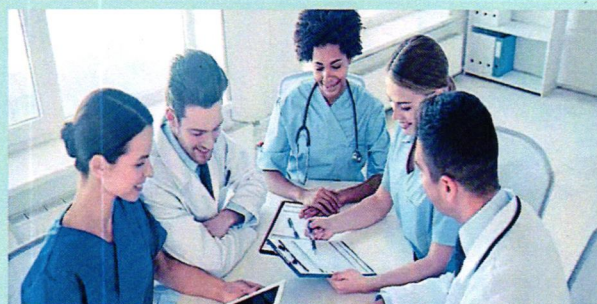


SREE NARAYANA NURSING COLLEGE



Stonehousepet,
Chinthareddypalem, Nellore - 524 002,
Andhra Pradesh, India.

VALUE ADDED COURSE ON EFFECTIVE COMMUNICATION



Date : 17.09.2021 to 18.09.2021 || Time : 09:00 am to 06:00 pm
Venue : Auditorium, III Floor
Sree Narayana Nursing College.

COURSE COORDINATOR: Ms. K. MEENAKSHI, (B.Sc (N))

Tutor / Clinical Instructor, Sree Narayana Nursing College,
Stonehousepet, Chinthareddypalem, Nellore.

SREE NARAYANA NURSING COLLEGE, was established by Narayana Educational Society in the year 2006 in Nellore; which offers four-year undergraduate degree course leading to B.Sc. Nursing and PBBSC nursing 2 YDC. The courses are affiliated to Dr. NTR University of Health Sciences, Vijayawada and recognized by Indian Nursing Council, New Delhi.

The college offers world class infrastructure, unparalleled technical expertise, a diligent faculty and above all a stimulating environment for students to pursue their studies and acquire hands-on training under the guidance of senior faculties of nursing and at Narayana Super Specialty Centre.

At **SREE NARAYANA NURSING COLLEGE**, Nursing students are provided comprehensive education, both theoretical and practical, designed to sharpen critical thinking skills, stimulate scientific inquiry, develop effective practice and cultivate qualities of compassion and caring, fully integrating theoretical learning with clinical experiences within a caring environment. The healthcare delivery system demands sophisticated, competent professionals with a background that enables them to work in varied settings.

Principal

SREE NARAYANA NURSING COLLEGE

Chinthareddypalem,
NELLORE-524 002

AIM OF THE COURSE

The aim of this course is to provide students with an understanding of functional ergonomics and its applications in daily life, workplaces, and therapeutic settings.

COURSE OBJECTIVES

The students will be able to:

1. Teach the basics of ergonomics and human factors, focusing on how they enhance productivity, comfort, and safety.
2. Recognize ergonomic risk factors such as repetitive motions, poor posture, and improper workstation setup.
3. Equip students with skills to assess and analyse workspaces and activities for ergonomic improvements.

COURSE OUTCOMES:

Upon completion of this course, students will be able to:

1. Understand and articulate the principles of functional ergonomics and their application.
2. Perform assessments to identify ergonomic risks in various settings, such as offices, industrial environments, and at home.
3. Suggest and implement changes to workstations, tools, and tasks to reduce ergonomic risks.

Target Group : IV B.Sc. (N)

Total allotted Hours: 16

Mode of presentation: Lecture cum discussion

Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSONS:

Dr. C. Jyothi, Professor & HOD of Community Medicine, NMCH.

Mrs. G. Shanthi, Asso. Professor, Dept. of Com.HN, SNNC.



SREE NARAYANA NURSING COLLEGE



Stonehousepet,
Chinthareddypalem, Nellore - 524 002,
Andhra Pradesh, India.

VALUE ADDED COURSE ON FUNCTIONAL ERGONOMICS



Date : 20.08.2021 to 21.08.2021 || Time : 09:00 am to 06:00 pm

Venue : Auditorium, III Floor
Sree Narayana Nursing College.

COURSE COORDINATOR: Ms. K. MEENAKSHI, (B.Sc (N))

Tutor / Clinical Instructor, Sree Narayana Nursing College,
Stonehousepet, Chinthareddypalem, Nellore.

SREE NARAYANA NURSING COLLEGE, was established by Narayana Educational Society in the year 2006 in Nellore; which offers four-year undergraduate degree course leading to B.Sc. Nursing and PBBSC nursing 2 YDC. The courses are affiliated to Dr. NTR University of Health Sciences, Vijayawada and recognized by Indian Nursing Council, New Delhi.

The college offers world class infrastructure, unparalleled technical expertise, a diligent faculty and above all a stimulating environment for students to pursue their studies and acquire hands-on training under the guidance of senior faculties of nursing and at Narayana Super Specialty Centre.

At **SREE NARAYANA NURSING COLLEGE**, Nursing students are provided comprehensive education, both theoretical and practical, designed to sharpen critical thinking skills, stimulate scientific inquiry, develop effective practice and cultivate qualities of compassion and caring, fully integrating theoretical learning with clinical experiences within a caring environment. The healthcare delivery system demands sophisticated, competent professionals with a background that enables them to work in varied settings.

Principal
SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002

AIM OF THE COURSE

The aim of this course is to educate students about Myofascial Release Therapy, a manual therapy technique used to treat muscle pain and dysfunction.

COURSE OBJECTIVES

The students will be able to:

1. Learn the anatomy of fascia and its role in muscle function and pain.
2. Gain hands-on skills in different myofascial release techniques to address musculoskeletal issues.
3. Understand when myofascial release therapy is appropriate and when it should be avoided.

COURSE OUTCOMES:

Upon completing the course, students will be able to:

1. Perform key myofascial release techniques safely and effectively.
2. Evaluate patients/clients for fascial tightness and dysfunction.
3. Create individualized treatment plans based on assessment findings.
4. Recognize the therapeutic effects and potential risks of myofascial release.

Target Group : III B.Sc. (N)

Total allotted Hours: 16

Mode of presentation: Lecture cum discussion

Evaluation Method: Multiple choice questions (MCQ).

Grade Score :

Level of knowledge (Grade)	Percentage
A	> 75 %
B	61% - 75%
C	50% - 60%
Fail	<50%

CERTIFICATION: All participants will get certificate of participation after successful completion of the course.

RESOURCE PERSONS:

Dr. M. Rajesh Kumar, Professor, HOD of General Medicine, NMCH.

Mrs. D. Sai Dharanija, Asst. Professor, Dept. of MSN, SNNC.

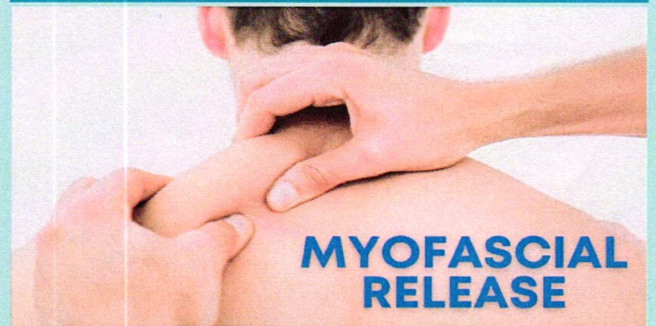


SREE NARAYANA NURSING COLLEGE



Stonehousepet,
Chinthareddypalem, Nellore - 524 002,
Andhra Pradesh, India.

VALUE ADDED COURSE ON MYOFASCIAL RELEASE THERAPY



**MYOFASCIAL
RELEASE**

Date : 09.07.2021 to 10.07.2021 || **Time :** 09:00 am to 06:00 pm

Venue : Auditorium, III Floor
Sree Narayana Nursing College.

COURSE COORDINATOR: Ms. K. MEENAKSHI, (B.Sc (N))

Tutor / Clinical Instructor, Sree Narayana Nursing College,
Stonehousepet, Chinthareddypalem, Nellore.

SREE NARAYANA NURSING COLLEGE, was established by Narayana Educational Society in the year 2006 in Nellore; which offers four-year undergraduate degree course leading to B.Sc. Nursing and PBBSC nursing 2 YDC. The courses are affiliated to Dr. NTR University of Health Sciences, Vijayawada and recognized by Indian Nursing Council, New Delhi.

The college offers world class infrastructure, unparalleled technical expertise, a diligent faculty and above all a stimulating environment for students to pursue their studies and acquire hands-on training under the guidance of senior faculties of nursing and at Narayana Super Specialty Centre.

At **SREE NARAYANA NURSING COLLEGE**, Nursing students are provided comprehensive education, both theoretical and practical, designed to sharpen critical thinking skills, stimulate scientific inquiry, develop effective practice and cultivate qualities of compassion and caring, fully integrating theoretical learning with clinical experiences within a caring environment. The healthcare delivery system demands sophisticated, competent professionals with a background that enables them to work in varied settings.


Principal

SREE NARAYANA NURSING COLLEGE
Chinthareddypalem,
NELLORE-524 002