



# SREE NARAYANA NURSING COLLEGE

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## ACTIVITIES LIST

| S.NO | NAME OF THE ACTIVITY                              | DATE              | PLACE                           |
|------|---|-------------------|---------------------------------|
| 1.   | Diabetic &Hyper tension clinic                    | 14-06-2022        | Primary Health Center           |
| 2.   | Hyper Tension Clinic Report                       | 15-06-2021        | Old age Home                    |
| 3.   | Rural Community Survey                            | 18-01-2023        | Venkatachalam                   |
| 4.   | Urban Community Survey                            | <b>10-01-2023</b> | <b>Saraswathi Nagar</b>         |
| 5.   | Health Education on Importance of Breast feeding  | 07-08-2023        | Rural Health Center, T.P Gudur  |
| 6.   | Health Education on Importance of nutritious diet | 07-09-2023        | Rural Health Center, T.P Gudur  |
| 7.   | School Health Program                             | 15-10-2022        | Z.P. High School, Venkatachalam |

  
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# COMMUNITY MAPPING



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### RURAL AREA MAPPING

Community mapping of the rural area at Venkatachalam is done to aid the smooth delivery of health care services. It is done to identify the prevalence of diseases and to identify the needs of the particular population, based on the findings nursing care services are planned to promote the health of the community people. The student during the community posting they follow the route mapping, visit the allotted house in order to provide appropriate care to the identified member in the family.

### 4 steps - Community Mapping

#### Pre mapping



#### Mapping



#### Taking action



#### Maintaining, Sustaining, and Evaluating Mapping Efforts

#### Pre mapping:

The pre-mapping step allows the necessary partners to come together and establish a purpose and overall direction for the mapping activity. Specifically, during the pre-mapping step, we can identify and secure key stakeholders and define the vision and goals for aligning community resources. Establishing clear communication in the beginning will make it easier to achieve your long-term goal of aligning and streamlining community resources. This section will highlight



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strategies to establish a task force for your mapping efforts and how to set a realistic vision and goals

### Objectives of Community Mapping:

The basic objectives to Community Mapping

- ❖ To collect the data in order to create a map of community assets and resources in venkatachalam .
- ❖ To highlightsvenkatachalam people physical structures, organizations, and institutions.
- ❖ To gain in-depth information.



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# COMMUNITY SURVEY



  
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### VENKATACHALAM RURAL COMMUNITY SURVEY REPORT 2022-23

#### INTRODUCTION:

The students of final year B.Sc Nursing students of Narayana College of Nursing, were posted to the Rural Health Center, Venkatachalam village, about 10 kms from the college for community health nursing field experience. The students were divided into 3 groups:

1. Survey group
2. Student activity group
3. Health center activity group.

#### **General Description of the Community:**

##### **Genesis:**

According to collected history, Venkatachalam is a Mandal in Spsr Nellore District of Andhra Pradesh State, India. Venkatachalam Mandal Head Quarters is Venkatachalam town. It belongs to Andhra region.

Family folder system is followed to ensure continuity of home care and documentation. Families are assessed and educated on appropriate health care and responsible family member is demonstrated on homecare of chronically ill clients. The nursing students are posted along with the staff and Nursing supervisors for Home visits, clinics and special programmes.



  
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### Language:

Telugu language is the mother tongue of all people of the village. Few of them English, urdu to speak.

**Communication:** the village has adequate means of communication like mobile phones, telephones, television, news paper, post office. The verbal means of communication in the village is telugu is about 90% and other languages like urdu and English 10%.

**Transport:** all most all the people of venkatacham are using RTC buses for transportation. Most of the time they are using private buses. Other form of transportation is train and their own vehicles like two wheelers and four wheelers.

### SERVICES RENDERED IN RURAL HEALTH CENTER:

1. Preventive and curative services
2. Maternal and child health services
3. Immunization
4. Family welfare services
5. Health education
6. Referral services
7. Training activities
8. School health services
9. Minor ailments treatment.



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| S. NO          | NAME OF THE SUB CENTRE     | NO. OF HOUSES | POPULATION   |              |              | F.P. METHODS ADOPTED |            |             |
|----------------|----------------------------|---------------|--------------|--------------|--------------|----------------------|------------|-------------|
|                |                            |               | Male         | Female       | Total        | Vas                  | Tub        | Ecs         |
| I              | <b>VENKATACHALAM SC :-</b> |               |              |              |              |                      |            |             |
|                | Venkatachalam              | 458           | 803          | 794          | 1597         | -                    | 6          | 271         |
|                | Vaddipalem                 | 207           | 323          | 333          | 656          | -                    | 5          | 110         |
|                | Dodda Rajupalem            | 306           | 552          | 547          | 1106         | -                    | 6          | 176         |
|                | Yerragunta                 | 187           | 333          | 329          | 662          | -                    | 9          | 110         |
|                | Kandalapadu                | 221           | 414          | 410          | 824          | -                    | 7          | 140         |
|                | RD Kandriga                | 250           | 431          | 421          | 852          | -                    | 6          | 145         |
|                | AS Kandriga                | 60            | 110          | 111          | 221          | -                    | 3          | 38          |
|                | <b>TOTAL</b>               | <b>1689</b>   | <b>2966</b>  | <b>2945</b>  | <b>5918</b>  | <b>-</b>             | <b>42</b>  | <b>990</b>  |
| II             | <b>KAKUTUR SC :-</b>       |               |              |              |              |                      |            |             |
|                | Kakutur & ST Colony        | 455           | 980          | 905          | 1885         | -                    | 8          | 320         |
|                | Kantepalli                 | 485           | 940          | 1040         | 1980         | -                    | 11         | 336         |
|                | Chemudugunta               | 132           | 388          | 348          | 736          | -                    | 4          | 130         |
|                | Kumkumpudi                 | 237           | 467          | 479          | 946          | -                    | 10         | 168         |
|                | Buranpur                   | 202           | 388          | 342          | 730          | -                    | 8          | 132         |
|                | <b>TOTAL</b>               | <b>1511</b>   | <b>3163</b>  | <b>3114</b>  | <b>6277</b>  | <b>-</b>             | <b>41</b>  | <b>1086</b> |
| III            | <b>TIKKAVARAPADU SC :-</b> |               |              |              |              |                      |            |             |
|                | Thikkavarapadu             | 301           | 514          | 512          | 1026         | -                    | 2          | 174         |
|                | Mangalampadu               | 97            | 363          | 147          | 510          | -                    | 4          | 90          |
|                | Gotlapalem                 | 139           | 259          | 258          | 517          | -                    | 5          | 80          |
|                | Lingamgunta                | 68            | 107          | 122          | 229          | -                    | 2          | 38          |
|                | Maszid street              | 50            | 102          | 97           | 199          | -                    | -          | 35          |
|                | NBV Kandriga               | 138           | 221          | 221          | 442          | -                    | 2          | 75          |
|                | Malligunta Sangam          | 260           | 459          | 458          | 917          | -                    | 9          | 150         |
| Nakkala Colony | 308                        | 575           | 584          | 1159         | -            | 5                    | 200        |             |
|                | <b>TOTAL</b>               | <b>1361</b>   | <b>2600</b>  | <b>2399</b>  | <b>4999</b>  | <b>-</b>             | <b>29</b>  | <b>842</b>  |
| IV             | <b>SURVEPALLI SC :-</b>    |               |              |              |              |                      |            |             |
|                | Survepalli                 | 500           | 694          | 717          | 1404         | 1                    | 19         | 240         |
|                | Arundathivada              | 188           | 366          | 336          | 702          | -                    | 5          | 122         |
|                | Joseph Peta                | 206           | 283          | 375          | 658          | -                    | 19         | 125         |
|                | Muthyalagunta              | 96            | 125          | 139          | 264          | -                    | 3          | 48          |
|                | Korlapadu Sangam           | 88            | 152          | 157          | 309          | -                    | 5          | 56          |
|                | <b>TOTAL</b>               | <b>1078</b>   | <b>1620</b>  | <b>1724</b>  | <b>3337</b>  | <b>1</b>             | <b>51</b>  | <b>591</b>  |
|                | <b>GRAND TOTAL</b>         | <b>5639</b>   | <b>10349</b> | <b>10182</b> | <b>20531</b> | <b>1</b>             | <b>163</b> | <b>3509</b> |



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### STATEMENT OF MATERNAL AND CHILD HEALTH SERVICES For The Year 2022

| MONTH & YEAR | ANTENATAL CASES REGISTERED | NO. OF DELIVERIES | T.T. GIVEN      |                 |         | IRON FOLIC ACID TABLETS GIVEN F-B (PERSONS) |
|--------------|----------------------------|-------------------|-----------------|-----------------|---------|---|
|              |                            |                   | 1 <sup>st</sup> | 2 <sup>nd</sup> | Booster |   |
| JAN - 2022   | 36                         | 39                | 36              | 33              | 46      | 36  |
| FEB - 2022   | 35                         | 37                | 35              | 36              | 33      | 35  |
| MAR - 2022   | 40                         | 34                | 40              | 35              | 44      | 40  |
| APR - 2022   | 38                         | 33                | 38              | 40              | 38      | 38  |
| MAY - 2022   | 39                         | 36                | 39              | 38              | 39      | 39  |
| JUNE - 2022  | 41                         | 32                | 41              | 39              | 43      | 41  |
| JULY - 2022  | 39                         | 35                | 39              | 41              | 34      | 39  |
| AUG - 2022   | 41                         | 40                | 41              | 39              | 38      | 41  |
| SEP - 2022   | 38                         | 41                | 38              | 41              | 43      | 38  |
| OCT - 2022   | 39                         | 33                | 39              | 33              | 42      | 39  |
| NOV - 2022   | 40                         | 41                | 40              | 41              | 41      | 40  |
| DEC - 2022   | 39                         | 40                | 39              | 40              | 21      | 39  |
| TOTAL        | 465                        | 441               | 465             | 456             | 462     | 465   |



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# SARASWATHI NAGAR URBAN COMMUNITY SURVEY REPORT

2022-23

Community survey is essential for planning, implementation, evaluation and for taking related decision of health and community services. It is a regular and continuous process. It is an important tool to determine the health status of an individual, families, community or nation.

During community health nursing postings at Saraswathi Nagar Urban Community Health Center, students have done community survey to identify socio-demographic status, and health status including mental health problems of community for the period of one week. The major elements of community survey were analyzed and presented in this report.


The Narayana Urban Health Center is the full fledged community unit of Narayana, Situated Ssraswathi Nagar Area about 5Kms, Away from Narayana College of Nursing campus, Nellore. Narayana Urban Health center offers out-patient, in-patient services .

## II. Objectives for conducting survey:

The objectives for doing this rural community survey are following:

- ❖ To interact directly with the people belonging to community .
- ❖ To assess the socio demographic status and health status of community.
- ❖ To detect and diagnose health problems and getting information to prepare the plan of care,
- ❖ To know the facilities and services available in community.
- ❖ To create awareness and commitment towards general health and mental health.



  
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- ❖ To identify the vital events .
- ❖ To know the mortality and morbidity

### Place and physical characteristics:

1. **Village/Location** : Saraswathi Nagar
2. **District** : Nellore (URBAN)
3. **Education and health care facilities:** One Government primary school, Anganawadi center, and 2 Private schools situated in the area.
4. **Total No. of families:**6301

| S.NO         | Name of the locality  | No. of houses | Population   |              |              | F.P methods adopted |             | No. of ECP  | A.W.Centre |
|--------------|-----------------------|---------------|--------------|--------------|--------------|---------------------|-------------|-------------|------------|
|              |                       |               | Male         | female       | total        | IUD                 | TUB         |             |            |
| 1            | Saraswathinagar       | 916           | 2326         | 2439         | 4765         | 6                   | 410         | 694         | AW-2       |
| 2            | Sri nagar             | 522           | 1750         | 1625         | 3375         | 12                  | 430         | 692         |            |
| 3            | A.C Nagar             | 1550          | 3320         | 3555         | 6875         | 9                   | 411         | 643         | AW-2       |
| 4            | Ram nagar             | 560           | 1580         | 1567         | 3147         | 4                   | 280         | 363         | AW-2       |
| 5            | Bapujigirijina colony | 362           | 909          | 941          | 1850         | 8                   | 160         | 290         | AW-1       |
| 6            | Rayapupalem           | 512           | 1886         | 1826         | 3712         | 2                   | 211         | 480         | AW-1       |
| 7            | Ntr Nagar             | 1486          | 4860         | 5018         | 9878         | 28                  | 610         | 1400        | AW-2       |
| 8            | Vepadoruvu            | 140           | 441          | 320          | 761          | 3                   | 81          | 300         | AW-4       |
|              | Padmavathi Nagar      | 190           | 661          | 481          | 1142         | 6                   | 72          | 306         | AW-2       |
|              | V.G Swamy field       | 63            | 210          | 205          | 415          | 2                   | 41          | 99          |            |
| <b>Total</b> |                       | <b>6301</b>   | <b>17943</b> | <b>17977</b> | <b>35920</b> | <b>80</b>           | <b>2706</b> | <b>5267</b> |            |



  
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## Monthly Statement of Maternal and Child Health Services Jan 2022 To Dec-2022

| Month & Year | Antenatal Cases Registered | No. Of Deliveries | T.T.Given       |                 |         | Iron & folic tablets given |
|--------------|----------------------------|-------------------|-----------------|-----------------|---------|----------------------------|
|              |                            |                   | 1 <sup>st</sup> | 2 <sup>nd</sup> | Booster |                            |
| JAN-2022     | 32                         | 31                | 29              | 27              | 3       | 27                         |
| FEB-2022     | 39                         | 29                | 35              | 27              | 4       | 27                         |
| MARCH-2022   | 33                         | 22                | 30              | 24              | 3       | 24                         |
| APRIL-2022   | 33                         | 27                | 27              | 22              | 4       | 22                         |
| MAY-2022     | 32                         | 38                | 28              | 23              | 3       | 23                         |
| JUN-2022     | 34                         | 41                | 31              | 25              | 2       | 25                         |
| JUL-2022     | 32                         | 30                | 30              | 24              | 2       | 29                         |
| AUG-2022     | 33                         | 57                | 29              | 26              | 3       | 26                         |
| SEP-2022     | 32                         | 29                | 26              | 23              | 2       | 23                         |
| OCT-2022     | 34                         | 21                | 29              | 25              | 3       | 25                         |
| NOV-2022     | 33                         | 40                | 27              | 28              | 4       | 28                         |
| DEC-2022     | 32                         | 30                | 26              | 19              | 3       | 19                         |



  
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## Photos:



*V. Jayanthi*

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# HEALTH EDUCATION



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The Community Health Nursing Department of Sree Narayana Nursing College is actively involved in providing health education to various sections of the community through outreach programs. Faculty members, along with students under their supervision, regularly conduct health education sessions in community health centers, Anganwadi schools, and different community areas. These sessions cover a wide range of important health topics aimed at promoting awareness and improving the overall health of the community.

Key topics include **maternal and child health**, where they emphasize antenatal care, breastfeeding practices, and immunization schedules for infants and children. They also address **nutrition and balanced diets** for different age groups, focusing on the importance of essential nutrients and healthy eating habits. In the field of **personal hygiene and sanitation**, the team educates the community on handwashing, oral hygiene, and proper waste disposal to prevent communicable diseases.

Furthermore, sessions on **non-communicable diseases** such as diabetes, hypertension, and cardiovascular diseases raise awareness about risk factors, prevention, and management strategies. The faculty also discusses **mental health**, promoting stress management techniques and offering support resources. Additionally, **family planning** and **reproductive health** topics are covered to help individuals make informed decisions regarding contraception and safe pregnancy practices.

These health education initiatives are crucial in empowering the community with knowledge and fostering healthier lifestyles, contributing significantly to public health improvement.



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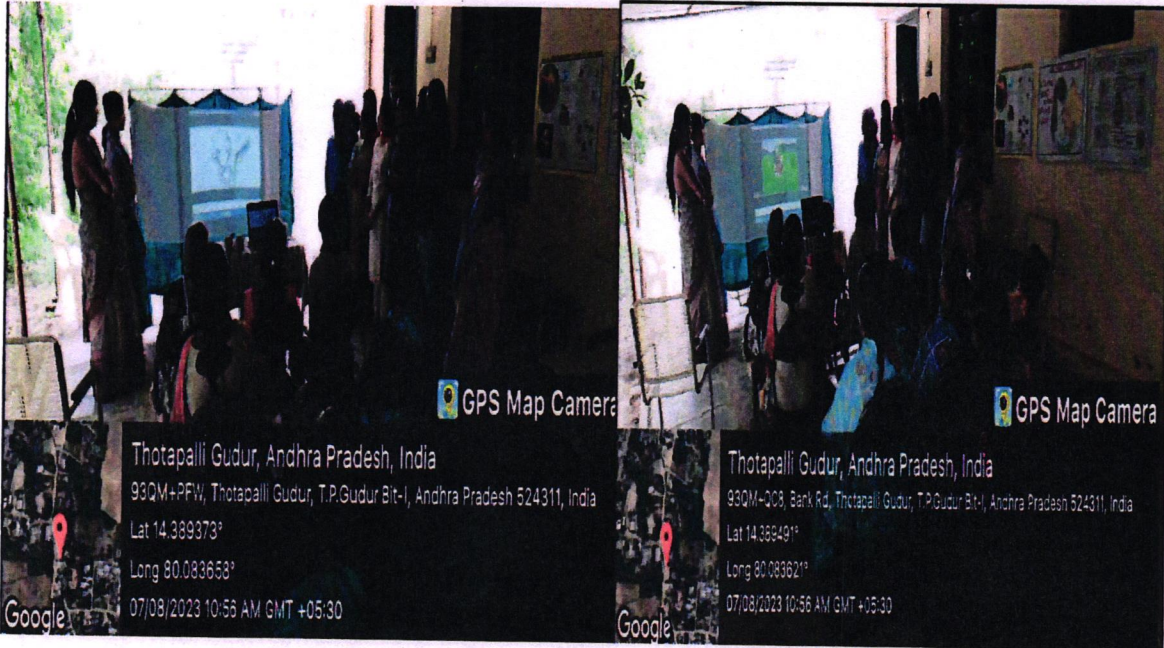
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## Health Education on breast feeding techniques



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GPS Map Camera



Thotapalli Gudur, Andhra Pradesh, India

93QM+QC8, Bank Rd, Thotapalli Gudur, T.P.Gudur Bit-I, Andhra Pradesh 524311, India

Lat 14.389505°

Long 80.08364°

07/09/2023 10:44 AM GMT +05:30

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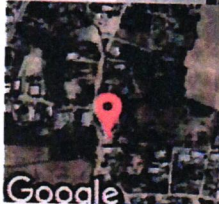


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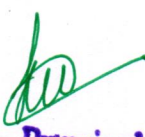


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## Health Education On Balanced Diet



  
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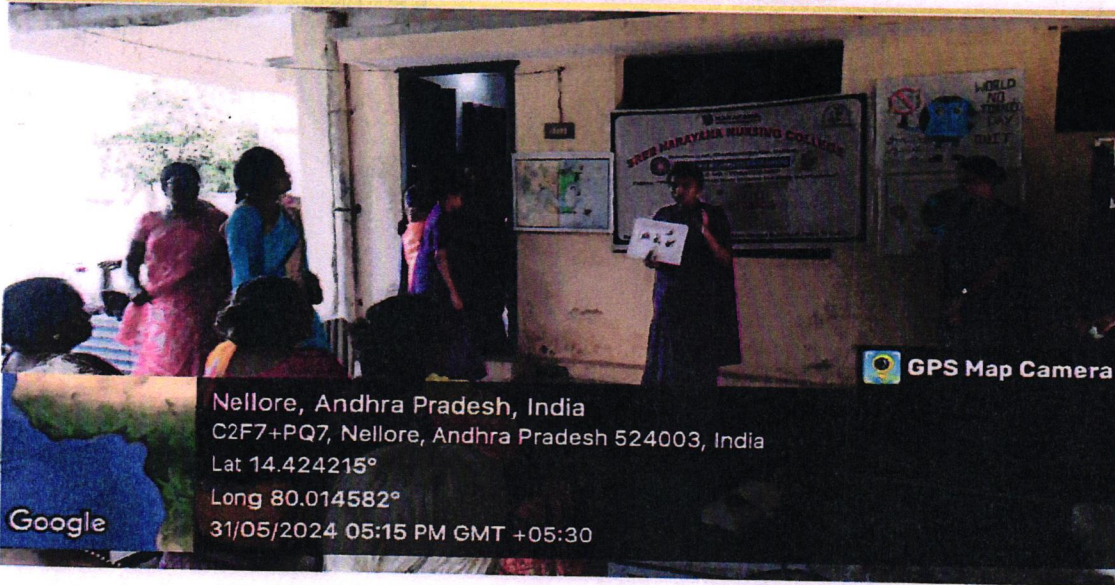
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C2F7+PQ7, Nellore, Andhra Pradesh 524003, India  
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Long 80.014582°  
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Health education on hazards of tobacco use



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**Health education on nutrition diet**

*V. Jayanthi*



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# CAMPS & CLINICS



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### HYPER TENSION CLINIC REPORT

**Introduction:** Our main aim remains strong, and that is to provide high end good health care to the needy and the underprivileged for free. Our team, thus, organizes clinic at these every month to cater to these needs. On these clinic we clinically check each and every Individual for diabetic problems and hypertension. We then make a data base of the patient's names and diagnosis. This data base is then referred to once we call them for their treatment specific appointments.

#### AIM:

The main objective of the clinic is to provide basic health education to the Public and motivate Good health maintenance.

#### OBJECTIVES:

1. This clinic is carried out with the curiosity to find out the prevalence of diabetic & hypertension problems in old age home with delicious dentition and clearly dentition and early mixed dentition.
2. To identify the method to motivate to manage the Health problems and cultivate maintenance of good health for the future society.

#### Description about the old age home :

Sree Narayana Nursing College has visited the old age home in venkatachalam, total 50 elder people are staying in old age home and because half of the elder people are unaware of how to manage diabetic problems, the department faculty initiated a diabetic clinic in the old age home.

**Activity report:** A Diabetic & hypertension clinic and Awareness program was held by the Department of Community Health Nursing on 15 July 2021 at 10 am onwards. The clinic was conducted for 25 Diabetic & Hypertension patients. A diagnostic check-up was done, following which the required treatment module was



  
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explained, some of the medicines are distributed to the patients, which was sponsored by the Narayana Rural Health center. Diabetic awareness was given to the patients.

### Activities conducted:

- ❖ Health education program on diabetic&Hypertension problems- health education has given about diabetic&Hypertension problems, and diabetic diet.
- ❖ Health examination- for the diabetic & Hypertension patients health problems identified by the doctor
- ❖ Conducted pre-training test and post training test there was given questions to the patients and they were given answers and 90% of the elder people are not aware about the diabetic camp.

### Conclusion:

The Sree Narayana Nursing College most significant awareness clinic is the Diabetic& Hypertension camp. It is the responsible of the entire public to manage their health issues . People in the old age home were encouraged to practice healthy habits. Thus, the students of Narayana College of Nursing have taken a first step toward raising awareness.



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### DIABETIC & HYPER TENSION CLINIC REPORT

On **14th July 2022**, the Community Health Nursing Department of Sree Narayana Nursing College organized a **Diabetic and Hypertension Clinic** at the **Kakatur Health Center** as part of their ongoing outreach to address non-communicable diseases within the community. The clinic was supervised by faculty members and supported by nursing students, providing essential screening, counseling, and education services to the local population.

The event commenced with the **screening of blood glucose levels and blood pressure** for all attendees. A significant number of individuals were found to have elevated readings, and immediate counseling sessions were provided for these individuals. The health team explained the importance of **early detection** in preventing complications associated with diabetes and hypertension.

Key activities during the clinic included:

- **Health education** on managing diabetes and hypertension through **dietary modifications**, emphasizing the importance of low-salt, low-sugar, and low-fat diets.
- Counseling on the significance of **physical activity** to help control both blood glucose and blood pressure, with demonstrations of simple exercises suitable for all age groups.
- Discussion on the role of **medication adherence** in effectively managing these conditions and preventing long-term complications.
- Stress management tips, focusing on relaxation techniques to help control blood pressure levels.



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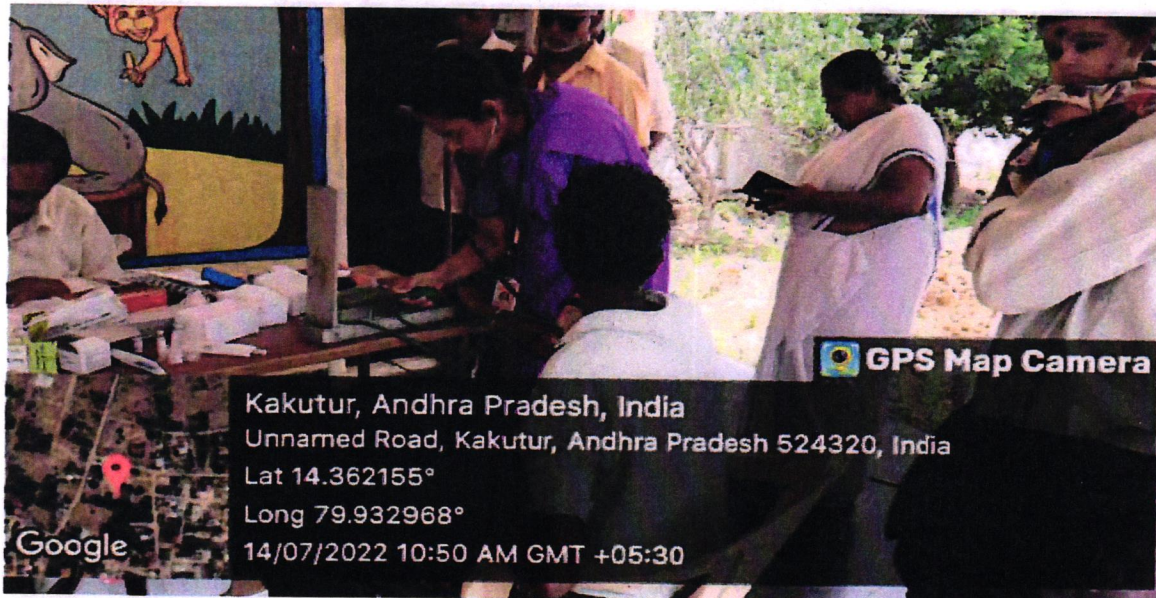
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The clinic also provided **referrals** for individuals requiring further medical evaluation or specialist care. For those already diagnosed with diabetes or hypertension, a follow-up plan was created, ensuring that patients would return for regular monitoring and counseling sessions.

The event was well-received by the community, with a good turnout. The health education provided by the faculty and students helped raise awareness about these chronic conditions, contributing to the prevention and better management of diabetes and hypertension in the Kakatur area. The clinic was a successful step in improving public health and empowering the local population with knowledge and resources for managing their health.

Photos:



  
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## Photos:



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Chinthareddypalem, Nellore, Andhra Pradesh 524003, India  
Lat 14.424454°  
Long 80.014875°  
15/07/2021 11:07 AM GMT +05:30



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V. Jayanthi

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# NATIONAL HEALTH & WELFARE PROGRAMS



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## NATIONAL HEALTH AND WELFARE PROGRAMS

Every year, Sree Narayana Nursing College, in collaboration with the NSS unit celebrates National Health Programs in the community. The following programmes are listed:

| S.NO | NAME OF THE EVENT              | DATE OF THE EVENT        |
|------|--------------------------------|--------------------------|
| 1.   | World Population Day           | 11-07-2023               |
| 2.   | World Heart Day                | 09-08-2023               |
| 3.   | World Suicide Prevention Day   | 10-09-2023               |
| 4.   | Plastic Awareness Program      | 13-09-2023               |
| 5.   | New Born Safety Month          | 23-09-2023               |
| 6.   | World Contraception Day        | 26-09-2023               |
| 7.   | National Nutrition Week        | 01-10-2023 to 07-10-2023 |
| 8.   | World Hand Washing Day         | 15-10-2023               |
| 9.   | World Diabetes Day             | 14-11-2023               |
| 10.  | World Aids Day                 | 01-12-2023               |
| 11.  | International Human Rights Day | 17-12-2023               |
| 12.  | National Youth Day             | 11-01-2023 to 12-01-2023 |
| 13.  | National Girl Child Day        | 24-01-2023               |
| 14.  | World Cancer Day               | 04-02-2023               |
| 15.  | National Deworming Day         | 14-03-2023               |
| 16.  | World Tb Day                   | 24-03-2023               |
| 17.  | World Bi Polar Day             | 31-03-2023               |
| 18.  | World No Tobacco Day           | 31-05-2023               |



  
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# **SCHOOL HEALTH PROGRAM**

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### SCHOOL HEALTH PROGRAMME REPORT

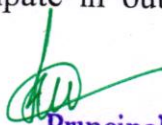
On 15th October 2022, the Community Health Nursing Department in collaboration with the NSS Unit of Sree Narayana Nursing College, , organized a School Health Program at Z.P. High School, Venkatachalam, Nellore. The program aimed to promote health awareness among school children and to provide basic health education and services.

The event began with a welcome address by the Faculty Mrs. Jyothirmayee, who highlighted the importance of school health programs in fostering healthy habits among children from a young age. The Mrs. Jyothirmayee emphasized that early health education plays a crucial role in preventing diseases and ensuring the overall well-being of students.

Following the welcome address, the team from the Community Health Nursing Department conducted a health education session for the students. The session covered a range of topics, including:

- **Personal Hygiene:** Students were taught the importance of maintaining personal cleanliness, such as regular handwashing, brushing teeth twice a day, and keeping nails trimmed.
- **Balanced Diet:** The significance of eating a balanced diet rich in fruits, vegetables, and whole grains was explained, along with the need to avoid junk food.
- **Physical Activity:** The session highlighted the benefits of regular physical exercise and encouraged students to participate in outdoor activities and



  
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- **Disease Prevention:** Basic information on common illnesses like colds, flu, and the importance of vaccinations was provided to the students.

After the educational session, a health check-up camp was organized, where the NSS volunteers, under the supervision of faculty from the Community Health Nursing Department, conducted basic health screenings for the students. The screenings included:

- **Height and Weight Measurement:** To assess the students' growth and development.
- **Vision Screening:** To identify any vision problems that may require further examination.
- **General Health Check-up:** To evaluate the overall health and detect any signs of common illnesses.

The health check-up provided valuable insights into the students' health status, and those who needed further medical attention were referred to local health facilities.

In addition to the health education and screenings, informative pamphlets on nutrition, hygiene, and disease prevention were distributed to the students. These pamphlets were designed to reinforce the key messages delivered during the program and to provide parents with guidance on maintaining their children's health at home.

The program concluded with a vote of thanks by the headmistress of Z.P. High School, Venkatachalam, who expressed gratitude to Sree Narayana Nursing College's NSS Unit and the Community Health Nursing Department for their



Principal

SREE NARAYANA NURSING COLLEGE

Chinthareddypalem,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

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Website: <https://sreenayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006 and

A.P. Nurses & Midwives Council, letter No. APNMC/CON/5212/2006, dated: 4/11/2006

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efforts in organizing the event. The headmistress emphasized the importance of such initiatives in improving the health and well-being of students and looked forward to future collaborations.

The School Health Program on 15th October 2022 was a successful and impactful event, leaving a positive impression on the students and staff of Z.P. High School, Venkatachalam. The collaboration between the NSS Unit and the Community Health Nursing Department ensured that the program was both educational and beneficial, contributing to the overall health awareness of the school community.

### Photos:



Mrs. Jyothrmayee is introducing her self to the children

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Chinthareddypalem,  
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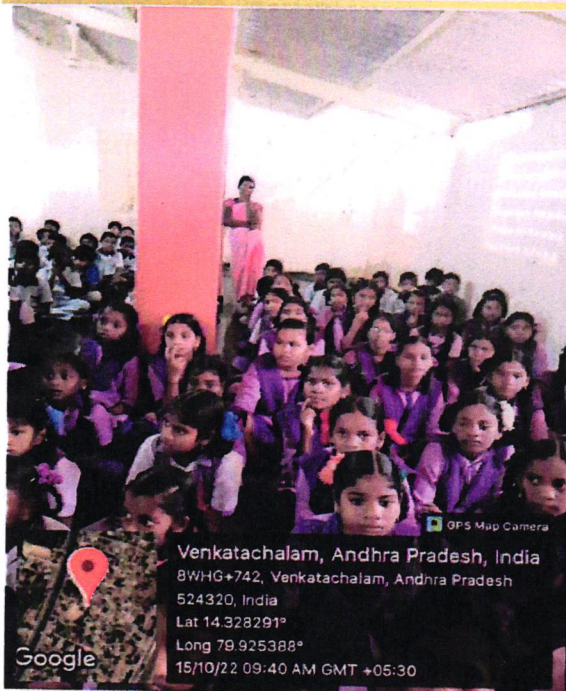
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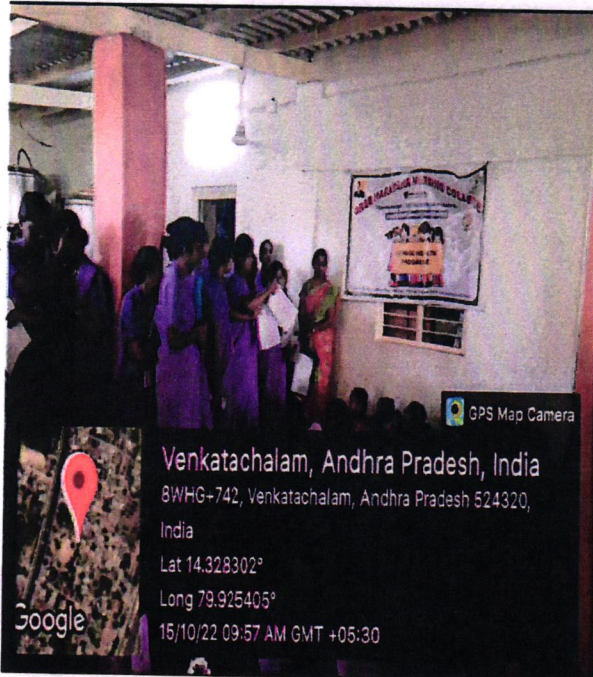


Venkatachalam, Andhra Pradesh, India  
8WHG+742, Venkatachalam, Andhra Pradesh  
524320, India  
Lat 14.328291°  
Long 79.925388°  
15/10/22 09:40 AM GMT +05:30

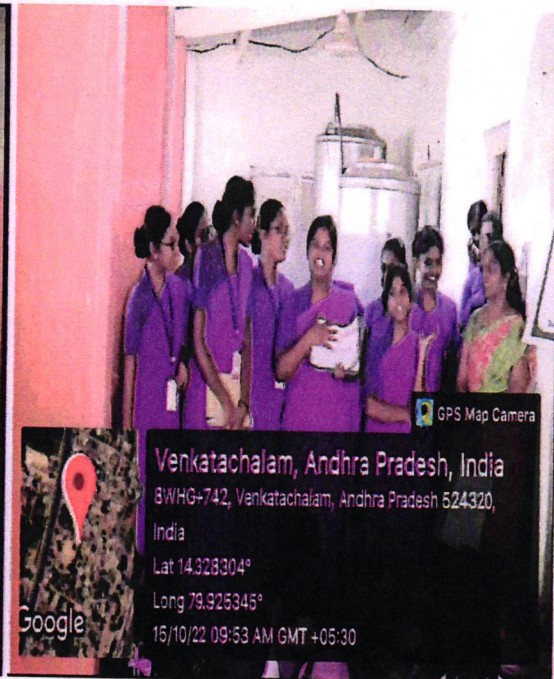


Venkatachalam, Andhra Pradesh, India  
8WHG+742, Venkatachalam, Andhra Pradesh 524320,  
India  
Lat 14.328277°  
Long 79.925464°  
15/10/22 09:39 AM GMT +05:30

**Children Gathered for the program very actively**



Venkatachalam, Andhra Pradesh, India  
8WHG+742, Venkatachalam, Andhra Pradesh 524320,  
India  
Lat 14.328302°  
Long 79.925405°  
15/10/22 09:57 AM GMT +05:30



Venkatachalam, Andhra Pradesh, India  
8WHG+742, Venkatachalam, Andhra Pradesh 524320,  
India  
Lat 14.328304°  
Long 79.925345°  
15/10/22 09:53 AM GMT +05:30

## Health Education by NSS Volunteers



*[Signature]*  
Principal

SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

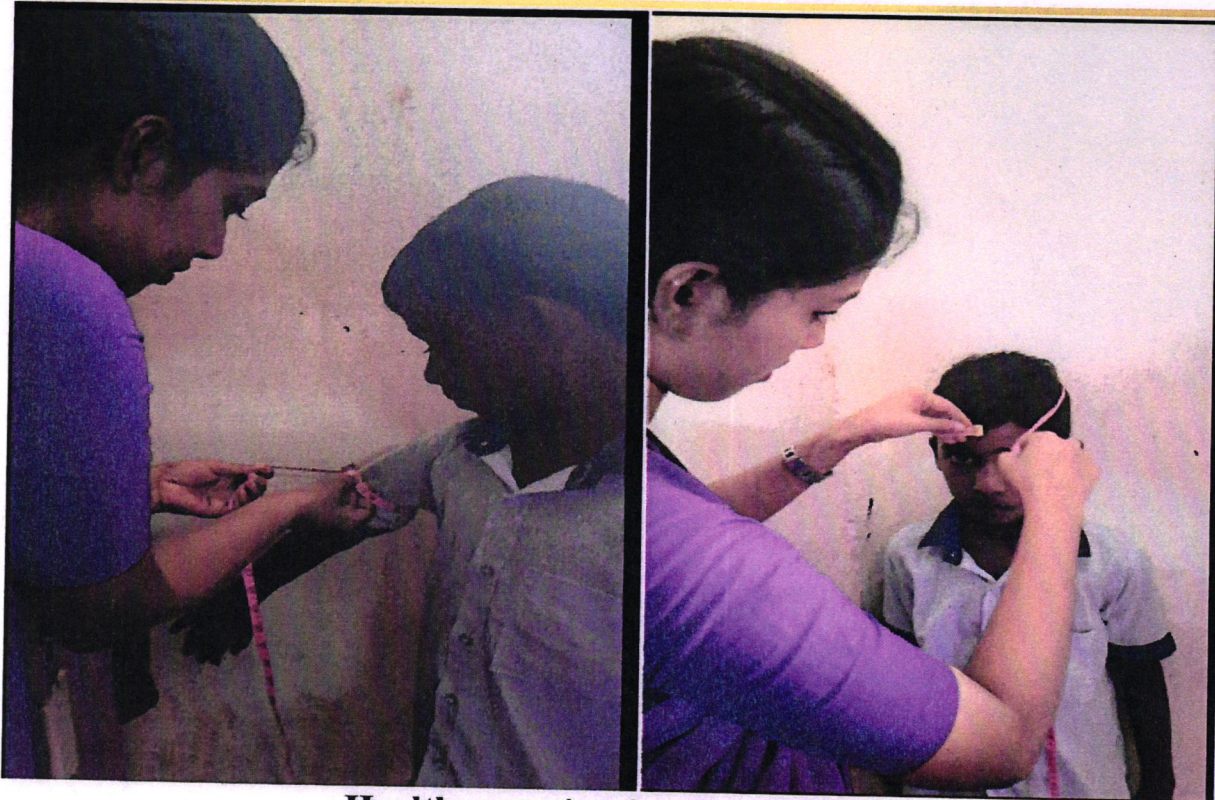
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Health screening for the students



The Faculty and NSS Volunteers are gathered with School staff



  
Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002

*V. Jayanthi*  
Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
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Affiliated to Dr. Y.S.R. University of Health Sciences, A.P. Vijayawada.



## PERMISSION LETTER

19-07-23

From  
The Principal  
Sree Narayana nursing college  
Stone House pet  
Nellore  
To  
The medical officer  
VenkataChalam  
Nellore

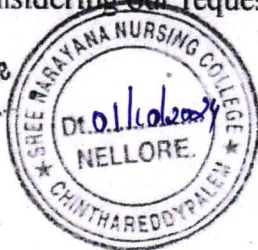
Respected sir,

**Sub:** Letter Requesting for Permission for conducting Group Health Education on Environmental Sanitation.

This is bringing to your kind information that our IV B.Sc Nursing students need your permission for conducting Group Health Education on Environmental Sanitation in VenkataChalam, scheduled to be held on 21-07-23. As part of our ongoing efforts to improve community health and provide essential medical services, we believe this initiative will be highly beneficial.

Thank you for considering our request. We look forward to your positive response.

*[Signature]*  
MEDICAL OFFICER  
Rural Health Training Centre  
Affiliated to - Narayana Medical College



Approved: (Higher Education Review Top 100 Nursing College - 2020)

*[Signature]*  
Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002

*V. Jayanthi*

Principal  
Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002





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A.P. Nurses & Midwives Council, letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. Y.S.R. University of Health Sciences, A.P. Vijayawada.



## PERMISSION LETTER

04-07-23

From

The Principal

Sree Narayana nursing college

Stone House pet

Nellore

To

The medical officer

VenkataChalam

Nellore

Respected sir,

**Sub:**Letter Requesting for Permission for conducting Community Survey

This is bringing to your kind information that our IV B.Sc Nursing students need your permission for conducting Community Survey in VenkataChalam, scheduled to be held on 05-07-23. As part of our ongoing efforts to improve community health and provide essential medical services, we believe this initiative will be highly beneficial.

Thank you for considering our request. We look forward to your positive response.

*[Signature]*  
**MEDICAL OFFICER**  
Rural Health Training Centre



*V. Jayaanthi*

**Principal**  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002



ward: (Higher Education Review Top 10 Nursing College - 2020)

*[Signature]*  
**Principal**  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002



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Website: <https://sreenayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated: 29.09.2006 and

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Affiliated to Dr. Y.S.R. University of Health Sciences, A.P. Vijayawada.



## PERMISSION LETTER

10-07-22

From

The Principal

Sree Narayana nursing college

Stone House pet

Nellore

To

The medical officer

Venkatachalam

Nellore

Respected sir,

Sub: Letter Requesting for Permission For conducting hypertension and diabetes clinic.

This is bringing to your kind information that our B.Sc Nursing students need your permission for organizing hypertension and diabetes clinic, scheduled to be held on 14-07-22 at Anganwadi School, Venkatachalam. As part of our ongoing efforts to improve community health and provide essential medical services, we believe this initiative will be highly beneficial.

Thank you for considering our request. We look forward to your positive response.



V. Jayanthi

PRINCIPAL

SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002

ward: (Higher Education Review Top 10 Colleges)

Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

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Affiliated to Dr. Y.S.R. University of Health Sciences, A.P. Vijayawada.



## PERMISSION LETTER

08-10-22

From

The Principal

Sree Narayana nursing college

Stone House pet

Nellore

To

The medical officer

Venkatachalam

Nellore

Respected sir,

Sub:Letter Requesting for Permission Forconducting School Health Programme.

This is bringing to your kind information that our B.Sc Nursing studentsneed your permission for organizingSchool Health program, scheduled to be held on 15-10-22 at Z.P High School, Venkatachalam. As part of our ongoing efforts to improve community health and provide essential medical services, we believe this initiative will be highly beneficial.

Thank you for considering our request. We look forward to your positive response.



V. Jayanthi

Award: (Higher Education Review Top 10 Nursing College - 2020)

Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002

Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
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Affiliated to Dr. Y.S.R. University of Health Sciences, A.P. Vijayawada.



## PERMISSION LETTER

30-11-22

From

The Principal

Sree Narayana nursing college

Stone House pet

Nellore

To

The medical officer

Venkatachalam

Nellore

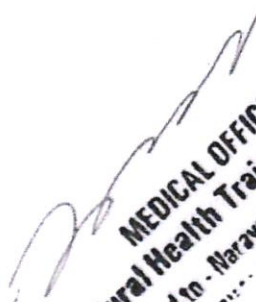
Respected sir,

Sub:Letter Requesting for Permission Forconducting rally on World Aids Day.

This is bringing to your kind information that our B.Sc Nursing studentsneed your permission for organizing rally , scheduled to be held on 01-12-22 at Venkatachalam.

As part of our ongoing efforts to improve community health and provide essential medical services, we believe this initiative will be highly beneficial.

Thank you for considering our request. We look forward to your positive response.

  
MEDICAL OFFICER  
Rural Health Training Centre  
Affiliated to - Narayana Medical College, Nellore



*V. Jayanthi*

Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002





Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002





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Affiliated to Dr. Y.S.R. University of Health Sciences, A.P. Vijayawada.



## PERMISSION LETTER

30-11-23

From  
The Principal  
Sree Narayana nursing college  
Stone House pet  
Nellore  
To  
The medical officer  
Venkatachalam  
Nellore  
Respected sir,

Sub:Letter Requesting for Permission Forconducting rally on World Aids Day.  
This is bringing to your kind information that our B.Sc Nursing studentsneed your permission for organizing rally , scheduled to be held on 01-12-23 at Venkatachalam. As part of our ongoing efforts to improve community health and provide essential medical services, we believe this initiative will be highly beneficial.  
Thank you for considering our request. We look forward to your positive response.

*V. Jayanthi*

Principal  
Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002

*[Signature]*

Principal

SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002

*[Signature]*  
MEDICAL OFFICER  
Rural Health Training Centre  
Affiliated to - Narayana Medical College  
S.P.O. Nellore



(Higher Education Rev...



# SREE NARAYANA NURSING COLLEGE

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Affiliated to Dr. Y.S.R. University of Health Sciences, A.P., Vijayawada.



## PERMISSION LETTER

12-08-23

From

The Principal

Sree Narayana nursing college

Stone House pet

Nellore

To

The medical officer

Saraswathi Nagar

Nellore

Respected sir,

**Sub:** Letter Requesting for Permission for conducting Community Survey

This is bringing to your kind information that our IV B.Sc Nursing students need your permission for conducting Community Survey in Saraswathi Nagar, scheduled to be held on 14-08-23. As part of our ongoing efforts to improve community health and provide essential medical services, we believe this initiative will be highly beneficial.

Thank you for considering our request. We look forward to your positive response.



V. Jayanthi

Principal  
Principal

SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002



*[Handwritten signature]*

Principal

SREE NARAYANA NURSING COLLEGE

Chinthareddypalem,  
NELLORE-524 002

D.M. *[Signature]*  
Medical Officer  
URBAN HEALTH CENTRE  
Narayana Medical College  
Saraswathi Nagar, Nellore-1





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

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## PERMISSION LETTER

01-09-2022

From

The Principal

Sree Narayana nursing college

Stone House pet

Nellore

To

The medical officer

Saraswathi Nagar

Nellore

Respected sir,

Sub: Letter Requesting for Permission Forconducting World Suicide Prevention Rally.

This is bringing to your kind information that our B.Sc Nursing studentsneed your permission for conducting World Suicide Prevention Rally, scheduled to be held on 10-09-22 at Nellore. As part of our ongoing efforts to improve community health and provide essential medical services, we believe this initiative will be highly beneficial.

Thank you for considering our request. We look forward to your positive response.



*[Signature]*  
Principal

*V. Jayanthi*  
Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002

SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002

*D.M. Kattak*  
Medical Officer  
URBAN HEALTH CENTRE  
Sree Narayana Medical College  
Saraswathi Nagar, Nellore-1





# SREE NARAYANA NURSING COLLEGE

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## AVAILABILITY OF INFRASTRUCTURE FOR COMMUNITY-BASED LEARNING

The Narayana Educational Society, Nellore, has established the "Urban Health & Training Centre" at Saraswathi Nagar, Nellore and Rural Health & Training Centre at Venkatachalam, Nellore (Dt.), under the Department of Community Medicine with all the prescribed norms. The Urban Health Centre and Rural Health Centre are made available for the utilization of nursing students of Narayana College of Nursing, Nellore, managed by Narayana Educational Society, Nellore, for their training.

### COMMUNITY: RHC VENKATACHALAM:-

The Institution has a Rural Health Center at village Venkatachalam, 20 Km from the College. There are four sub-centers under the RHC. The population under our RHC is about 30000. In the Center, about 60 to 100 patients avail themselves services every day. The Center provides medicare including emergency care, laboratory investigations of urine, sputum, blood, etc. Tests to detect HIV, HBsAg, Urea, Sugar, Pregnancy, malaria, etc are done by Diagnostic Kits, for diseases like AIDS, Malaria, etc. Graduate and postgraduate are rotated here, as per the guidelines of INC. Specialist camps are provided on regular basis. Health and Awareness camps are also provided. Family Health Folders are prepared and maintained.

### URBAN HEALTH CENTRE AT SARASWATHI NAGAR:-

The Institution has an Urban Health Centre at Saraswathi Nagar, Nellore. It also covers a population of about 30000. The above-mentioned services and facilities apply to UHC also, it is posting for graduate and postgraduate are posted batch-wise and they are actively involved in community reach programmers and provide clinical nursing care to the catmint population

### SERVICES RENDERED:

- Medical Aid and Out-Patient services.
- Implementation of the National Welfare Programme. Sterilization, Operations are done every Monday & Thursday.

M.C.H. services are Welfare clinic on every Wednesday.



Principal

SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002





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U.I.P. Mother and child immunization service on every Wednesday and Saturday

### School Health Programme

- Health Education
- Epidemic controls
- MEP and NFCP
- Enumeration and M.C.H. and Family Welfare services.
- Clean and Green Programme and Plantation of Trees
- Arranging special camps with the help of local Govt. and Non-Govt. organizations like:
  - a. Screening for Systemic Diseases
  - b. Assisting in Cataract camp
  - c. Assisting in Dental camps

### Review meetings:

- a. Weekly subcenterstaff review
- b. Monthly sector meeting

**In Addition to the above, the Narayana College of Nursing Staff is Organizing the following activities:**

- Training of Nursing students.
- Survey and Research Programs in special groups of Community, namely, in fisherman areas.
- Providing Transport facilities to A.N. cases receiving medical Aid.
- Arranging special camps in collaboration with local voluntary organizations.



Principal

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## INFORMATION OF URBAN HEALTH TRAINING CENTERS

### NELLORE

Name of the U.H.C.: SARASWATHI NAGAR

1. Population as on 1<sup>st</sup> October 2003 : 21,926
2. No. Of Area Coverage : 18
3. Area : 88 Sq. Km
4. No. Of Anganwadi Centers : 18

### Services Rendered:

- Preventive and Curative Services
- Maternal & Child health
- Immunization
- Family Welfare Services
- Health Education
- Referral Services
- Training Activities
- School Health Services
- Minor Ailments
- Control of Communicable disease and treatment with help of Damen Foundation



Principal  
SREE NARAYANA NURSING COLLEGE  
Chinthareddypalem,  
NELLORE-524 002













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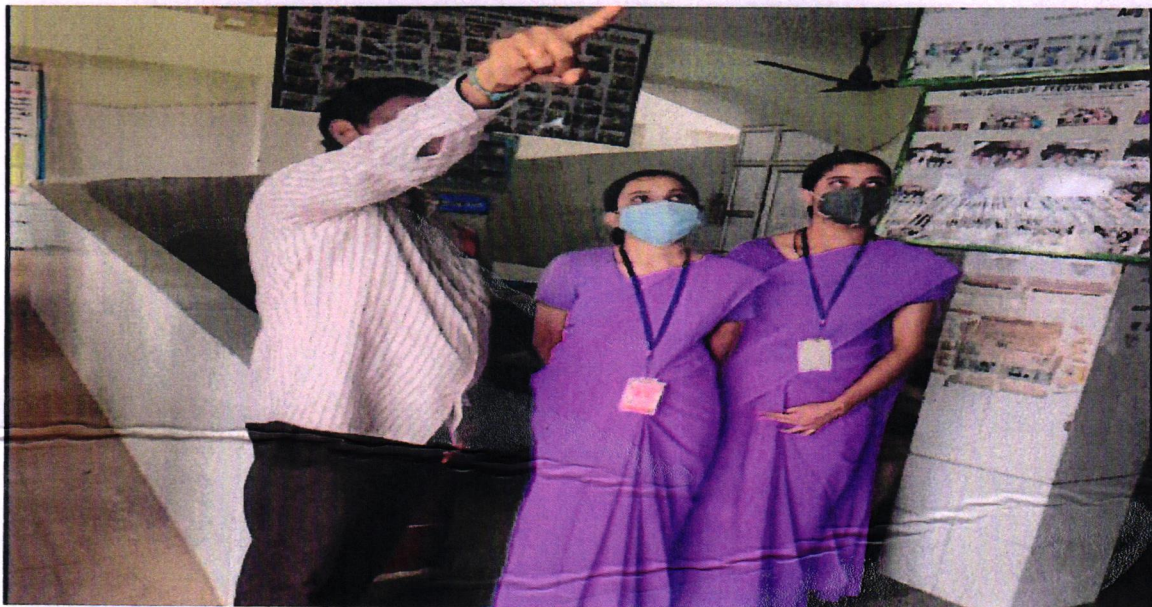
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Website: <https://sreenayanannursingcollege.com>

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NELLORE-524 002





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Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

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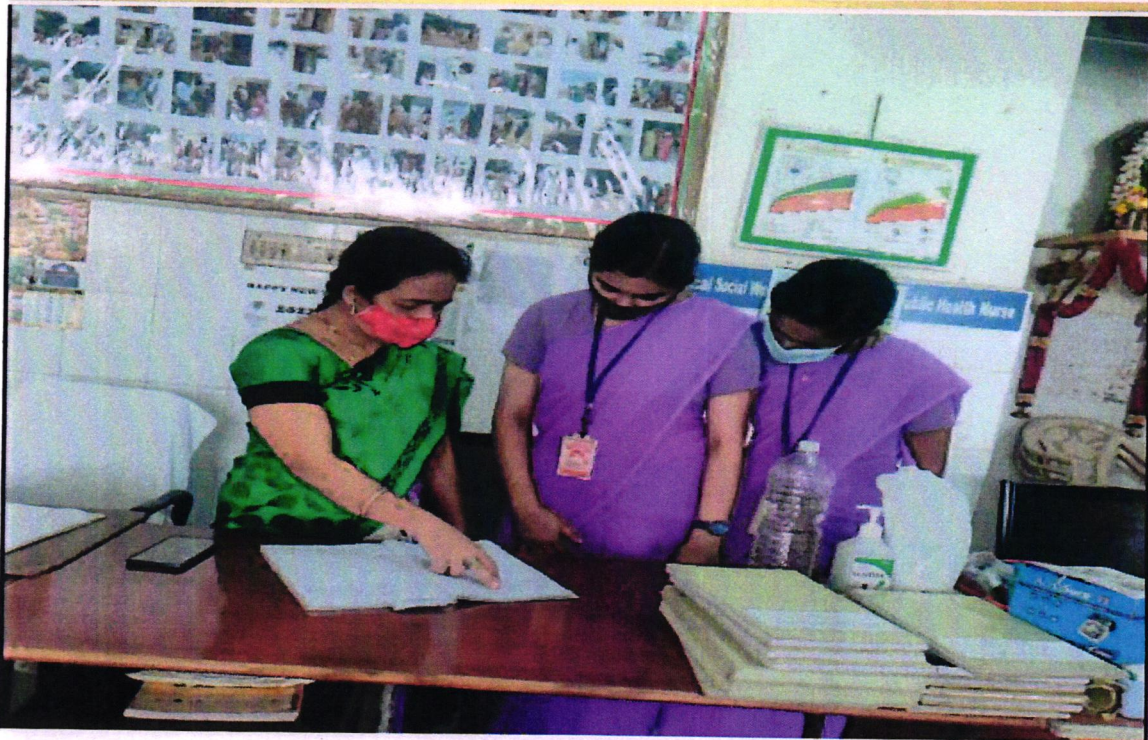
e-mail: [sreenarayana.nursing12@gmail.com](mailto:sreenarayana.nursing12@gmail.com) | [principal.snncc@narayanannursingcollege.com](mailto:principal.snncc@narayanannursingcollege.com)

Website: <https://sreenarayanannursingcollege.com>

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006 and

A.P. Nurses & Midwives Council, letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to Dr. Y.S.R. University of Health Sciences, A.P. Vijayawada.



  
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NELLORE-524 002





# SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524002.

Ph No: 0861-2318300 | Fax: 0861-2318300.

e-mail: [sreenarayana.nursing12@gmail.com](mailto:sreenarayana.nursing12@gmail.com) | [principal.snc@narayanannursingcollege.com](mailto:principal.snc@narayanannursingcollege.com)

Website: <https://sreenayanannursingcollege.com>

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A.P. Nurses & Midwives Council, letter No. APNMC/CON/5212/2006, dated: 4/11/2006

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Fig: 2 Urban Health Center Sarawathi center.



  
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NELLORE-524 002





**NARAYANA**  
EDUCATIONAL SOCIETY

# NARAYANA EDUCATIONAL SOCIETY

REGD. No. 319/96

PHONE : 0861-2317963, 64, 68  
FAX : 0861-2300425

14/72, HARANATHAPURAM,  
NELLORE - 524 003. (A.P.)

Date: 20.02.2023

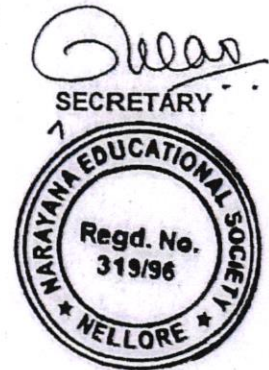
## DECLARATION

This is to declare that Narayana Educational Society, Nellore, has established "Urban Health & Training Centre" at Saraswathi Nagar, Nellore and Rural Health & Training Centre at Venkatachalam, Nellore (Dt.), under the department of Community Medicine with all the prescribed norms.

This is also to declare that the Urban Health Centre and Rural Health Centre are made available for the utilisation of Nursing students of Sree Narayana Nursing College, Nellore, managed by Narayana Educational Society, Nellore, for their training 2023-24.



  
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# SREE NARAYANA NURSING COLLEGE

Chinthareddypalem, Nellore

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## INFORMATION OF URBAN HEALTH TRAINING CENTERS NELLORE

|                             |   |  |
|-----------------------------|---|--|
| <u>Name of the U.H.C.</u>   | : | SARASWATHI NAGAR                         |
| 1. Population as on 2022    | : | 35,920 (Male : 17,943 & Female : 17,977) |
| 2. No. of Area Coverage     | : | 18                                       |
| 3. Area                     | : | 88 Sq. Km                                |
| 4. No. of Anganwadi Centers | : | 25                                       |
| 5. Distance from College    | : | 12Km                                     |

### Govt. Staff Pattern:

|                        |        |
|------------------------|--------|
| Medical Officers       | 1F, 1M |
| Medical Social Workers | 2      |
| Public Health Nurse    | 1      |
| Health Educator        | 1      |
| Health Inspector       | 1      |
| Technical Assistant    | 2      |
| Peon                   | 1      |
| Van Driver             | 1      |
| Store Keeper           | 1      |
| Record Clerk           | 1      |
| Sweepers               | 2      |

### Services Rendered:

- Preventive and Curative Services
- Maternal & Child health
- Immunization
- Family Welfare Services
- Health Education
- Referral Services
- Training Activities
- School Health Services
- Minor Ailments
- Control of Communicable disease and treatment with help of Damien Foundation

### Training Activities

- Family health advisory services
- Assessment of housing services
- Socio economic survey for urban families
- Dietary survey
- Individual Health examination
  - Persons above five years of age
  - Below five years of age
  - Antenatal Mothers
  - Lactating & Postnatal mothers
- School survey schedule
- School Medical Inspection
- Visit to Anganwadi centers & Immunizations session



*[Signature]*  
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NELLORE-524 002

**NARAYANA MEDICAL COLLEGE**  
CHINTHAREDDYPALEM, NELLORE

**URBAN HEALTH & TRAINING CENTER, SARASWATHI NAGAR, NELLORE**

| Sl. No | Designation                 | No. of Staff | Name                         |
|--------|-----------------------------|--------------|------------------------------|
| 1      | Medical Officer             | 1            | Dr. D.M. Karthik, MBBS       |
| 2      | Lady Medical Officer        | 1            | Dr. Gunapati Gayethri, MBBS  |
| 3      | Medico Social Worker        | 1            | G. Srinivasa Chakravarthy    |
|        |                             | 2            | K. Deepa Krishna Tulasi Devi |
| 4      | Public Health Nurse         | 1            | D. Renuka Lakshmi            |
| 5      | Health Assessors            | 1            | T .V. Ramanaiah              |
|        |                             | 2            | S. Chenchaiyah               |
| 6      | Health Educator             | 1            | N. Syam Prasad               |
| 7      | Store Keeper                | 1            | Y. Divya Bharathi            |
| 8      | Record Clerk                | 1            | M. Panchala Pratap           |
| 9      | Health Assistant/Technician | 1            | U. Anuradha                  |
|        |                             | 2            | G. Venkata Sujatha           |
| 10     | Peon                        | 1            | T. Sudhakar                  |
| 11     | Sweeper                     | 1            | T. Uma                       |
|        |                             | 2            | N. Suhasini                  |
| 12     | Van Driver                  | 1            | J. Sudhakar                  |

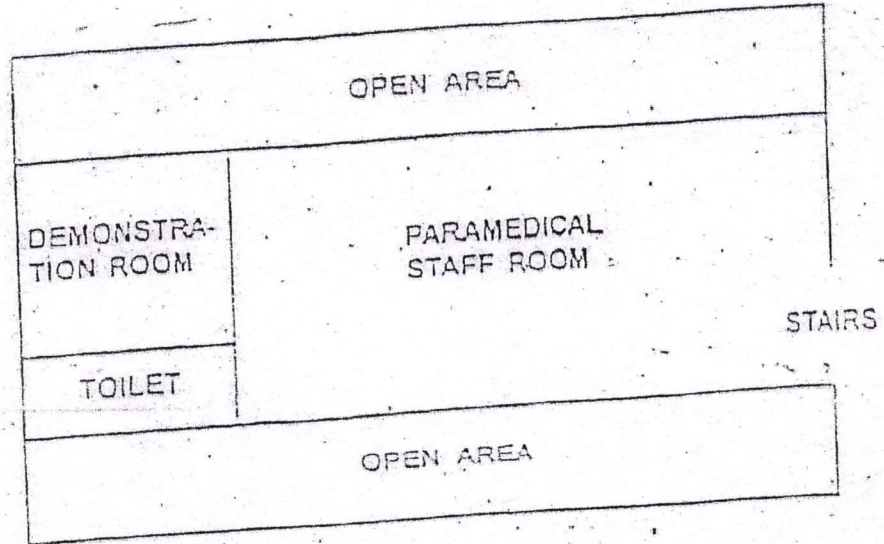


  
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NELLORE-524 002



NARAYANA MEDICAL COLLEGE  
Chinthareddyapalem :: Nellore

URBAN HEALTH & TRAINING CENTRE  
Saraswathi Nagar, Nellore.



FIRST FLOOR

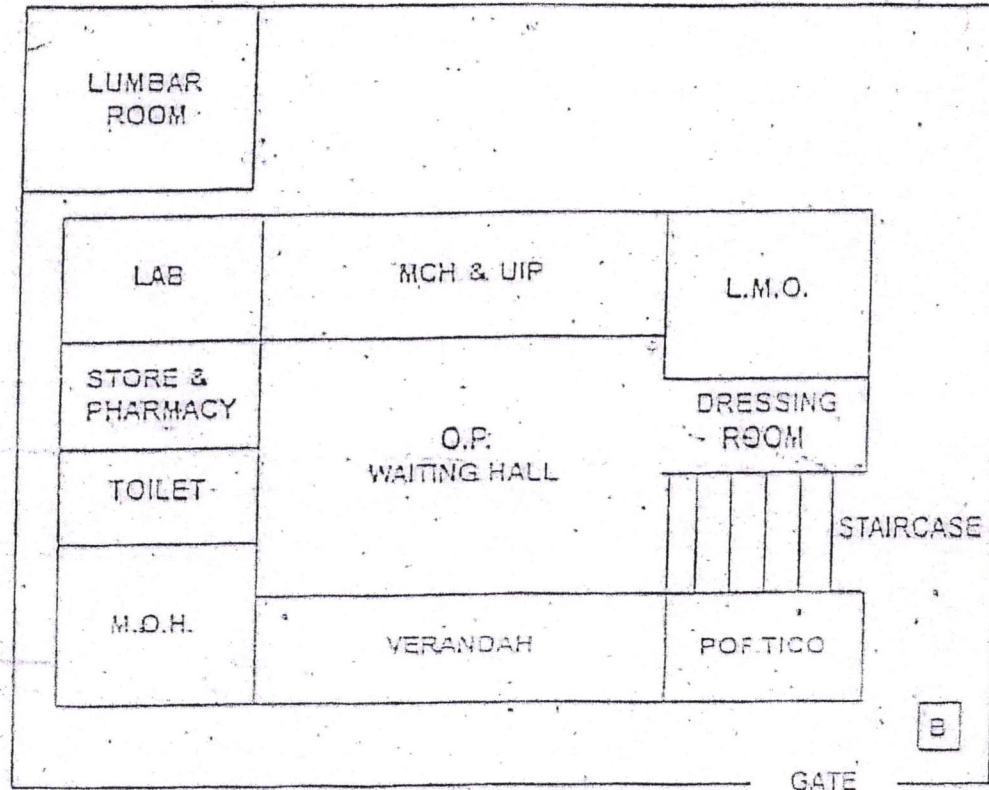


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URBAN HEALTH & TRAINING CENTRE  
Saraswathi Nagar, Nellore.



GROUND FLOOR



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NELLORE-524 002



**SREE NARAYANA NURSING COLLEGE**  
Chinthareddypalem, Nellore

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**INFORMATION OF RURAL HEALTH CENTERS**  
**VENKATACHALAM**

**NAME OF THE R.H.C.**

|  |           |
|--|-----------|
| 1. Population as<br>on<br>1 <sup>st</sup> October 2022 | 22,531    |
| 2. No. of Villages                                     | 25        |
| 3. Area  | 95 Sq. Km |
| 4. No. of Sub Centers                                  | 12        |
| 5. Distance from College                               | 20Km      |

**GOVT. STAFF PATTERN:**

|                      |   |
|----------------------|---|
| Medical Officers     | 1 |
| M.P.H.E.O.           | 1 |
| B.E.E.               | 1 |
| Public Health Nurse  | 1 |
| M.P.H.S. (F)         | 2 |
| M.P.H.W. (F)         | 9 |
| M.P.H.S. (M)         | 5 |
| Computer             | 1 |
| Lab Technician       | 1 |
| Ophthalmic Assistant | - |
| Staff Nurse          | 1 |
| Pharmacist           | 1 |
| Upper Division Clerk | 1 |
| Attender             | 2 |
| Driver               | 1 |



  
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**SERVICES RENDERED:**

- Medical Aid and Out Patient services.
- Number of Out Patients treated during March, 2004 is 5013  
Inpatient facilities are available.
- Implementation of National Welfare Programme. Sterilization, Operations are done on every Monday & Thursday.
- M.C.H. services are Welfare clinic on every Wednesday.
- U.I.P. Mother and child immunization service on every Wednesday and Saturday
- School Health Programme
- Health Education
- Epidemic controls
- MEP and NFPC
- Enumeration and M.C.H. and Family Welfare services.
- Clean and Green Programme and Plantation of Trees
- Arranging special camps with the help of local Govt. and Non-Govt. organizations like :
  - a. Screening for Systemic Diseases
  - b. Assisting in Cataract camp
  - c. Assisting in Dental camps

**Review meetings:**

- a. Weekly sub centre staff review
- b. Monthly sector meeting

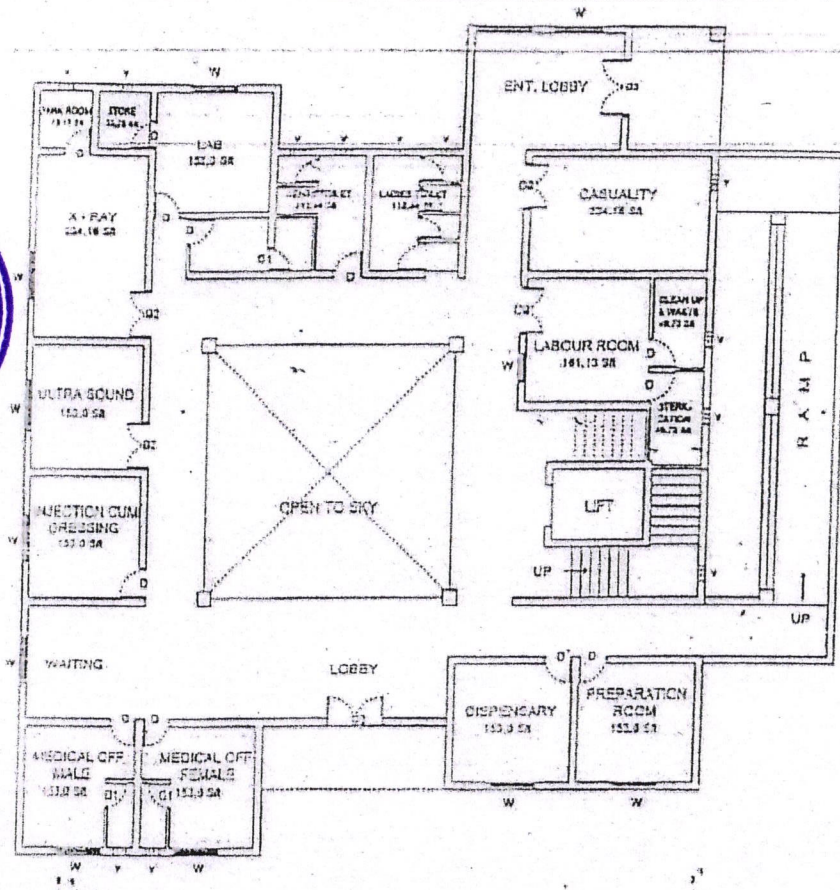
In Addition to the above, the SREE NARAYANA NURSING COLLEGE Staff are Organizing the following activities of:

- Training of Nursing students.
- Survey and Research Programmes in special groups of Community, namely, in fisherman areas.
- Providing Transport facilities to A.N. cases receiving medical Aid.
- Arranging special camps in collaboration with local voluntary organization.

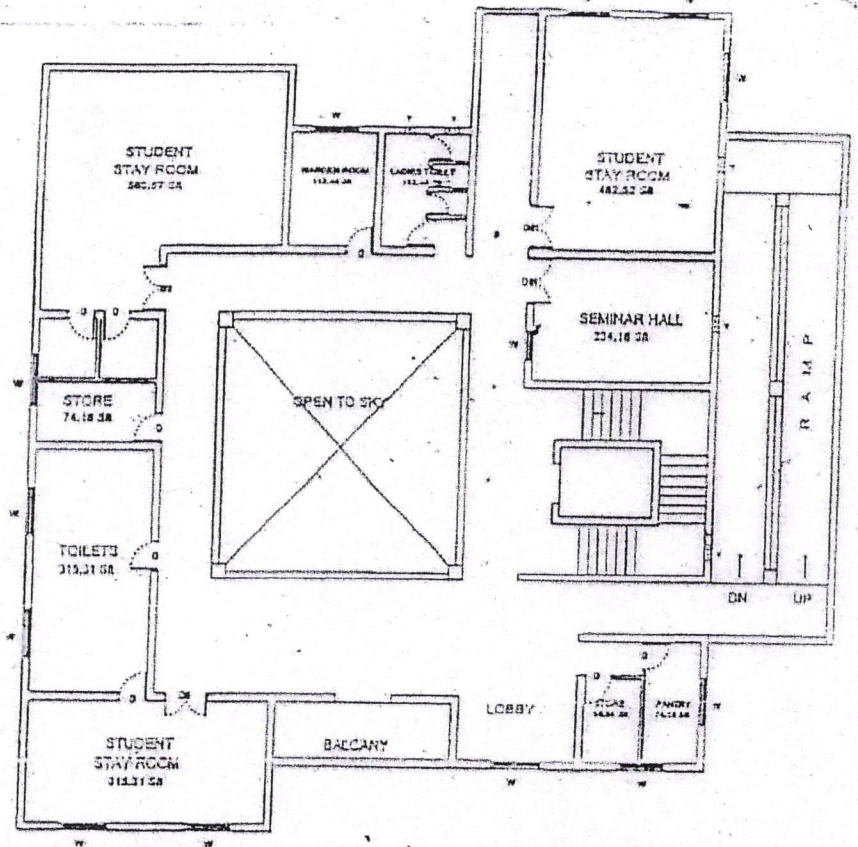


  
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GROUND FLOOR PLAN



FIRST FLOOR PLAN

AREAS

|                   |                           |
|-------------------|---------------------------|
| GROUND FLOOR AREA | 13305.0 Sqm (311.33 Bpm)  |
| FIRST FLOOR AREA  | 15923.0 Sqm (320.23 Bpm)  |
| TOTAL AREA        | 29228.0 Sqm (1126.26 Bpm) |

SKETCH SHOWING THE ACCOMMODATION FOR RURAL HEALTH CENTRE AT VENKATACHALAM, NELLORE (DIST) MAINTAINED BY NARAYANA MEDICAL COLLEGE, NELLORE.

PROMOTED & MANAGED BY

NARAYANA EDUCATIONAL SOCIETY  
1470, HARINATHAPURAM,  
NELLORE-524002

**SREE NARAYANA NURSING COLLEGE**  
Principal  
Chinthareddypalem,  
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