



SREE NARAYANA NURSING COLLEGE

Stonehousepet, Chinthareddypalem, Nellore.

World Hand Washing Day - 2022
Theme: "Unite for Universal Hand Hygiene"

7 STEPS TO HANDWASHING

- 1 Rub palms together
- 2 Rub the back of both hands
- 3 Interlace fingers and rub hands together
- 4 Interlock fingers and rub the back of fingers of both hands
- 5 Rub thumb in a rotating manner followed by the area between index finger and thumb for both hands
- 6 Rub fingertips on palm for both hands
- 7 Rub both wrists in a rotating manner

GLOBAL HANDWASHING DAY



NSS UNIT

Date: 15. Oct. 2022 || Time: 12:00 pm - 01:00 pm || Venue: III Floor Auditorium, SNNC.



SREE NARAYANA NURSING COLLEGE

Stonehousepet (po), Chinthareddypalem, Nellore - 524003.

Ph No: 0861-2355511 | Ext: 2464 | Fax: 0861-2318300.

e-mail: sreenarayana.nursing12@gmail.com | website: www.sreenarayanannursingcollege.com

Recognized by Indian Nursing Council vide letter No. 02/Sep/2006 INC dated : 29.09.2006 and

A.P. Nurses & Midwives Council, letter No. APNMC/CON/5212/2006, dated: 4/11/2006

Affiliated to NTR University of Health Sciences, A.P. Vijayawada.

REPORT ON WORLD HAND WASHING DAY – 2022

Theme: Unite for Universal Hand Hygiene

Name of activity organized	Global hand washing
Title of the activity	Global hand washing day programme
Date of the activity organized	October 15th 2022
Place of the activity	Sree Narayana college of nursing
Name of the coordinator of activity	Ms.Esther joel
No. of participants	98
Objective of the activity	Global hand washing day
Outcome of the activity	Unite for Universal Hand Hygiene

Global Hand washing Day is a yearly reminder that hand washing with soap and water is one of the best steps; we can take to avoid getting sick and spreading germs to others. This year's theme, "Unite for Universal Hand Hygiene," calls for coordinated action as we actively work toward universal hand hygiene. The aim of this day is to increase awareness and understanding about the importance of hand washing with soap and water as an effective and affordable way to prevent diseases and save lives. The majority of germs that cause serious infections in humans are transmitted by people's actions. Several studies have indicated that

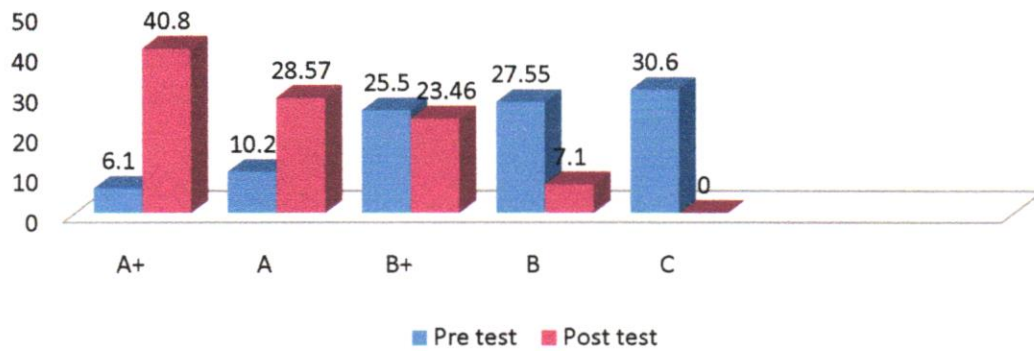
This causes the transmission of healthcare-associated infections among hospitalized patients. Common pathogens found on the hands of healthcare providers, such as MRSA, VRE, Clostridium difficile, can survive for more than 150 hours. In the current coronavirus disease 2019 (COVID-19) pandemic shows, the importance of hand washing has been recognized across the globe.

Sree Narayana College of Nursing NSS unit had initiated to celebrate the event. Mrs.V.Jayanthi, Principal, SreeNarayana college of Nursing, Mrs.B.Kalpana vice principal and all other HODs and faculties were participated in the program. Program started at 12pm with a prayer song, followed by welcome song and welcome address. Then the program carried with lamp lighting by the dignitaries. Pre test was conducted to the participants about hand washing practices.

Mrs.V.Jayanthi Principal enriched the student's knowledge by explaining the importance of hand hygiene. The program followed by a power point presentation by Ms.Esther joel NSS program officer. She explained definition of hand washing, benefits, types of hand washing, steps of hand wash and rub, duration of hand washing, and rub, movements of hand hygiene, non compliance of hand washing and impact of not practicing hand hygiene in health care setting.

The students' concentration was gained by using A.V aids like Videos and lives demonstration of hand hygienic practices. The Students return demonstrated on the steps of the hand hygiene includes, Step-1 Wet your hands with water, Step-2 apply enough soap to cover your hands, Step -3 Rub your hands together. Step-4 Use 1 hand to rub the back of the other hand and clean in between the fingers. Do the same with the other hand, Step – 5 Rub your hands together and clean in between your fingers, Step - 6 rub the back of your fingers against your palms, Step-7 Rub your thumb using your other hand. Do the same with the other thumb, Step -8 rub the tips of your fingers on the palm of your other hand . Do the same with other hand. Step-9 Rinse your hands with water, Step -10 Dry your hands completely with a disposable towel, Step-11 Use the disposable towel to turn off the tap. Total 98 students were participated and they actively involved in the program. Post test was conducted. The program came to an end with vote of thanks and national anthem.

Fig:1 Percentage distribution of Knowledge levels on Hand hygiene



the pre test knowledge scores were, A+ grade 6(6.1 %), A grade 10(10.2%), B+ grade 25(25.5%), B grade 27(27.55%), C grade 30(30.6%). Whereas in the post test the knowledge level scores were improved as A+ grade 40 (40.8%), A grade 28 (28.5%), B+ grade 23(23.46%), B grade 7(7.1%) and there was no participants in C grade. This result reveals that the Global hand washing awareness program was effective.